

The Stitch N' Pitch Sock

knit design by Amanda Berka
embroidery design by Melinda Barta

This adult-sized baseball sock captures the fine work of embroidery combined with knitting. Its traditional striping mimics the baseball socks worn by baseball players today, but the side ribbing gives it an updated modern look. And feather stitch is the perfect stitch to use to imitate the simple baseball motif embroidered on the ankle, sole, heel, and foot of the sock. Knit and embroider a sock that matches your team's colors!

Finished Size About 7½" (19 cm) foot circumference and 9" (23 cm) long from back of heel to tip of toe. To fit women's U.S. shoe sizes 7 to 8½.

Yarn and Thread Lily Chin Signature Collection Gramercy (100% Superwash Merino wool, 127 yd [116 m]/50 g): #5001 white (MC), 3 balls; #8640 purple (CC), 1 ball. DMC Pearl Cotton Number 8 (Article 116/8, 100% cotton, 87 yd [79.5 m]/10 g): 1 ball each of #321 Red and #828 Ultra Very Light Blue (or other light color).

Needles U.S. Size 2 (2.75 mm): set of 5 double-pointed needles.

Adjust needle size if necessary to obtain the correct gauge.

Notions Marker (m); tapestry needle; size 5 embroidery needle.

Gauge 15 sts and 21 rounds = 2" (5cm) in St st worked in the rnd.



Leg

With MC, CO 64 sts. Arrange sts evenly on 4 dpn, place marker between first and second sts (if desired to mark beginning of rnd), and join for working in the rnd, being careful not to twist sts. Work in k2, p2 rib for 5 rnds.

Continue in established rib pattern using the following color sequence:

7 rnds CC

3 rnds MC

7 rnds CC

3 rnds MC

Break CC and work in Leg Pattern until work measures 5½" (14 cm) from CO.

Leg Pattern all rnds: P1, k2, p2, k26, p2, k2, p2, k26, p1.

Heel

Heel flap: At the beginning of the next round work 32 heel sts back and fourth in rows as foll (hold rem 32 sts to work later for instep):

Eye of Partridge:

Row 1: (RS) *Sl 1 kwise, k1* to end of row.

Row 2: (WS) Sl 1 pwise, p to end of row.

Row 3: (RS) Sl 2 kwise, *k1, sl 1 kwise* to last 2 sts, k2.

Row 4: (WS) Sl 1 pwise, p to end of row.

Repeat these 4 rows until heel flap measures 2½" (6.5 cm).

Turn heel: Work short-rows as foll:

Row 1: (RS) k18, k2 tog tbl, k1, turn.

Row 2: Sl 1 pwise, p5, p2tog, p1, turn.

Row 3: Sl 1 kwise, knit to 1 st before gap produced by previous row, k2 tog tbl, k1, turn.

Row 4: Sl 1 pwise, purl to 1 st before gap, p2tog, p1, turn.

Rep Rows 3 and 4 until all heel sts have been worked

Gussets:

Rnd 1: With RS facing pick up and knit 18 sts along selvedge edge of flap. If desired, pm to note start of round. With Needle 1, knit across 16 instep sts; with Needle 2, knit across rem 16 instep sts; with Needle 3 pick up and knit 18 sts along second selvedge edge of flap and work across 9 sts of the turned heel; with Needle 4 work to beginning of rnd.

Rnd 2: Needle 1: knit; Needle 2: knit; Needle 3: k1, k2tog tbl, k to end of needle; Needle 4: k to last 3 sts, k2tog, k1.

Rnd 3: Knit.

Repeat Rnds 2 and 3 until 64 sts rem.

Foot

Cont in St st as established until foot measures 5½" (13.5 cm) from heel flap.

Toe

Begin decreases:

Dec Rnd: At beginning of Needle 1, k1, k2tog tbl, k to last 3 sts on Needle 2, k2tog tbl, k1, at beginning of Needle 3, k1, k2tog tbl, k to last 3 sts on Needle 4, k2tog tbl, k1—4 sts decreased.

Work Dec Rnd every other round until 32 sts rem. Then work Dec Rnd every round until 8 sts rem.

Cut yarn, leaving an 8" (20.5 cm) tail.

Finishing

Thread tail through rem sts, pull tight, and fasten off on inside of sock. Weave in loose ends.

Block lightly if desired.

Embroidery

Referring to Figure 1, using the blue thread, and with the sock slightly stretched, baste the outline of the circles. Working with the red thread, feather stitch over the basted circles and remove all basting threads.

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Melinda Barta is assistant managing editor of *Beadwork* and *Stringing* magazines and formerly *PieceWork* magazine's project editor. She is the author of *Hip to Stitch* (Loveland, Colorado: Interweave Press, 2005) and may be contacted at melinda@hipestitch.com.

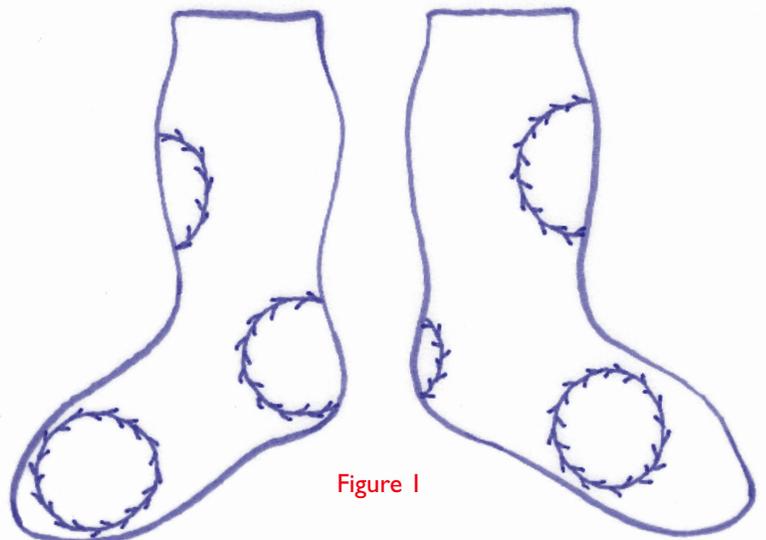


Figure 1

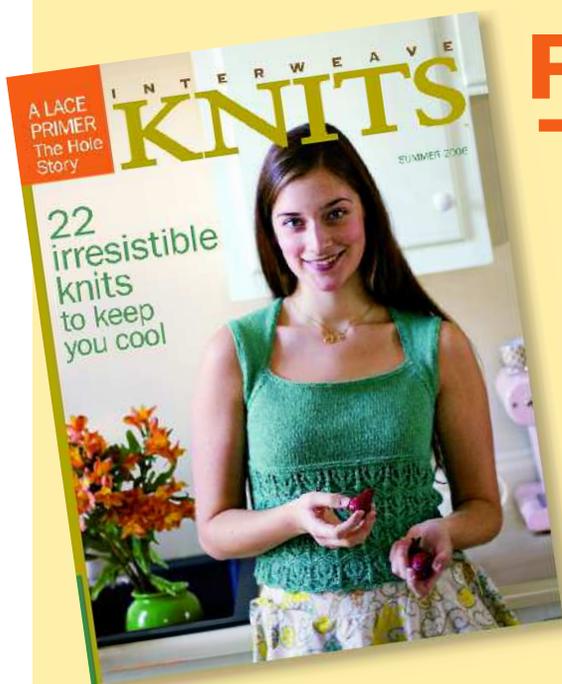


Feather stitch

Abbreviations

CC	contrasting color
cm	centimeter(s)
CO	cast on
dec	decrease; decreasing
fol	following
k	knit
kwise	knitwise
k2tog	knit two stitches together
MC	main color
p	purl
pwise	purlwise
p2tog	purl two stitches together

Sl	slip
St st	stockinette stitch
st(s)	stitch(es)
rem	remain(s); remaining
Rnd	round
RS	right side
tbl	through back loop
WS	wrong side
*	repeat starting point (i.e., repeat from *)
* *	repeat all instructions between asterisks
()	alternate measurements and/or instructions



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