



MITTS

CO 17 sts, leaving a 14in (35.5cm) long tail for seaming.

ROW 1 (RS): *k1, p1; rep from * 7 more times, k1.
ROW 2 (WS): *p1, k1; rep from * 7 more times, p1.

Rep Rows 1 and 2 until piece measures 7½in (19cm).

BO loosely in patt, leaving an 8in (20.5cm) long tail for seaming.

FINISHING

With RS facing, fold side edges of mitt toward the center (WS now facing, and RS is to inside).

Using long CO tail, sew edges tog from bottom up for approx. 3½in (9cm) using mattress st (see opposite). Fasten off.

Using long BO tail, sew edges tog from top down for approx. 2in (5cm) using mattress st, leaving approx. 2in (5cm) open for thumb opening.

Fasten off.

Weave in ends. Lightly block if desired.

ABBREVIATIONS FOR MITTS

- BO** bind off.

CO cast on.

K knit.

P purl.

Patt pattern.
- Rep** repeat.

RS right side of work.

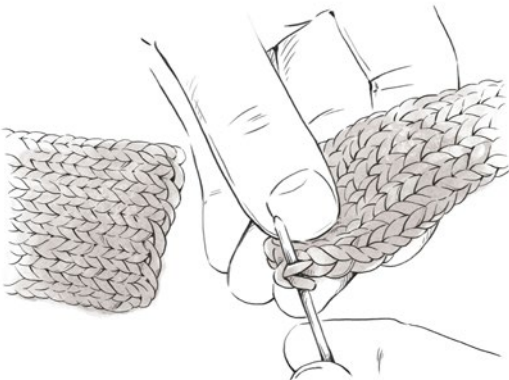
St/s stitch/es.

Tog together.

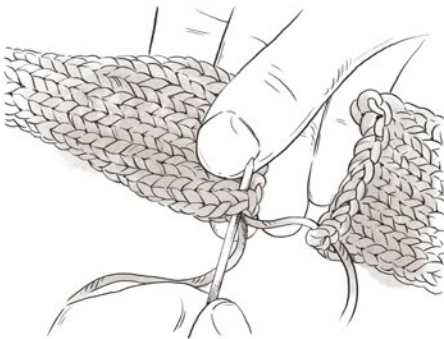
WS wrong side of work.

MATTRESS STITCH SEAMING

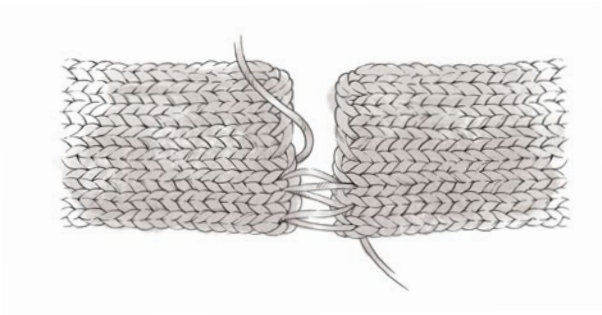
1. Lay the two pieces you want to seam with the wrong side facing down. Thread a darning needle and insert into the first knit stitch on the right-side piece, threading the yarn through.



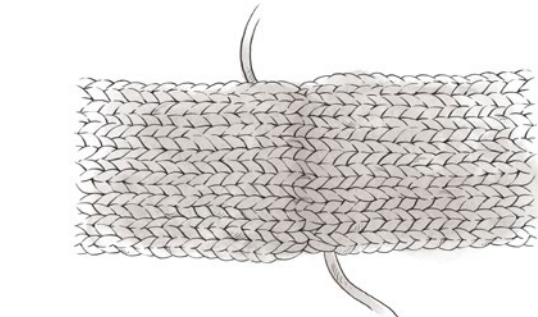
2. Insert the darning needle into the first stitch on the left-side piece, threading the yarn through.



3. Continue to thread the yarn through the right and left pieces, pulling the yarn tight every couple of stitches to tighten up the seam.



4. Repeat step 3 until you have seamed together all the stitches. Tie a knot at the end to secure and weave in the ends.



COWL

CO 34 sts.

Work Rows 1–16 of Chart, or as foll:

ROW 1 (RS): k3, p4, (2/2 RC, p4) 3 times, k3.

ROW 2 (WS): p3, (k4, p4) 3 times, k4, p3.

ROW 3: k3, p3, 2/1 RPC, (2/2 LPC, 2/2 RPC) twice, 2/1 LPC, p3, k3.

ROW 4: p3, k3, p2, k3, p4, k4, p4, k3, p2, k3, p3.

ROW 5: k3, p2, 2/1 RPC, p3, 2/2 LC, p4, 2/2 LC, p3, 2/1 LPC, p2, k3.

ROW 6: p3, k2, p2, (k4, p4) twice, k4, p2, k2, p3.

ROW 7: k3, p2, k2, p3, 2/1 RPC, 2/2 LPC, 2/2 RPC, 2/1 LPC, p3, k2, p2, k3.

ROW 8: p3, k2, (p2, k3) twice, p4, (k3, p2) twice, k2, p3.

ROW 9: k3, p2, (k2, p3) twice, 2/2 RC, (p3, k2) twice, p2, k3.

ROW 10: Rep Row 8.

ROW 11: k3, p2, k2, p3, 2/1 LPC, 2/2 RPC, 2/2 LPC, 2/1 RPC, p3, k2, p2, k3.

ROW 12: Rep Row 6.

ROW 13: k3, p2, 2/1 LPC, p3, 2/2 LC, p4, 2/2 LC, p3, 2/1 RPC, p2, k3.

ROW 14: Rep Row 4.

ROW 15: k3, p3, 2/1 LPC, (2/2 RPC, 2/2 LPC) twice, 2/1 RPC, p3, k3.

ROW 16: p3, (k4, p4) 3 times, k4, p3.

Rep Rows 1–16 three more times, then work Rows 1–15 once more, making sure at least 3yd (2.8m) of yarn rem. Piece should measure approx. 22in (56cm) from beg.

BO all sts in patt.

FINISHING

Weave in ends. Block to measurements.

Join ends using mattress st (see page 25).

CHART KEY

k on RS, p on WS

p on RS, k on WS

2/1 LPC

2/1 RPC

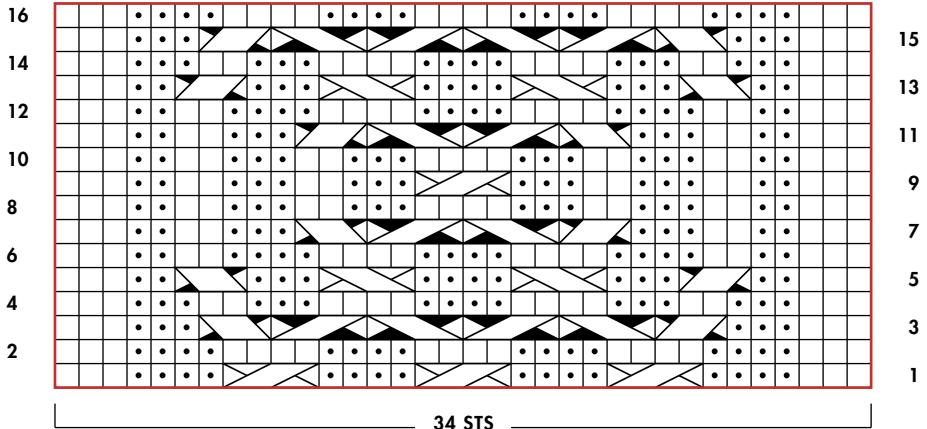
2/2 LC

2/2 LPC

2/2 RC

2/2 RPC

pattern repeat



ABBREVIATIONS FOR COWL

Beg beginning.	K knit.	RS right side of work.
BO bind off.	P purl.	Sl slip.
Cn cable needle.	Patt pattern.	St/s stitch/es.
CO cast on.	Rem remaining.	WS wrong side of work.
Foll follows.	Rep repeat.	



BLANKET

CO 137 sts. Do not join.

- ROWS 1 AND 15 (WS): k2, p1, k2, *p7, k2, p1, k2; rep from * to end.
- ROW 2 (RS): p2, yo, k1, yo, p2, *skp, k3, k2tog, p2, yo, k1, yo, p2; rep from * to end—2 sts inc'd.
- ROWS 3 and 13: k2, p3, k2, *p5, k2, p3, k2; rep from * to end.
- ROW 4: p2, (k1, yo) twice, k1, p2, *skp, k1, k2tog, p2, (k1, yo) twice, k1, p2; rep from * to end—2 sts inc'd.
- ROWS 5 and 11: k2, p5, k2, *p3, k2, p5, k2; rep from * to end.
- ROW 6: p2, k2, yo, k1, yo, k2, p2, * sk2p, p2, k2, yo, k1, yo, k2, p2; rep from * to end—2 sts inc'd.
- ROW 7: k2, p7, k2, *p1, k2, p7, k2; rep from * to end.
- ROW 8: p2, *k7, p5; rep from * to last 9 sts, k7, p2.
- ROW 9: k2, *p7, k5; rep from * to last 9 sts, p7, k2.
- ROW 10: p2, skp, k3, k2tog, p2, *yo, k1, yo, p2, skp, k3, k2tog, p2; rep from * to end—2 sts dec'd.
- ROW 12: p2, skp, k1, k2tog, p2, * (k1, yo) twice, k1, p2, skp, k1, k2tog, p2; rep from * to end—2 sts dec'd.
- ROW 14: p2, sk2p, p2, * k2, yo, k1, yo, k2, p2, sk2p, p2; rep from * to end—2 sts dec'd.
- ROW 16: p5, *k7, p5; rep from * to end.
- ROW 17: k5, *p7, k5; rep from * to end.

Rep Rows 2–17 eleven more times, or until piece measures approx. 28in (71cm) from beg.

Work Rows 2–7 once more.

BO in patt.

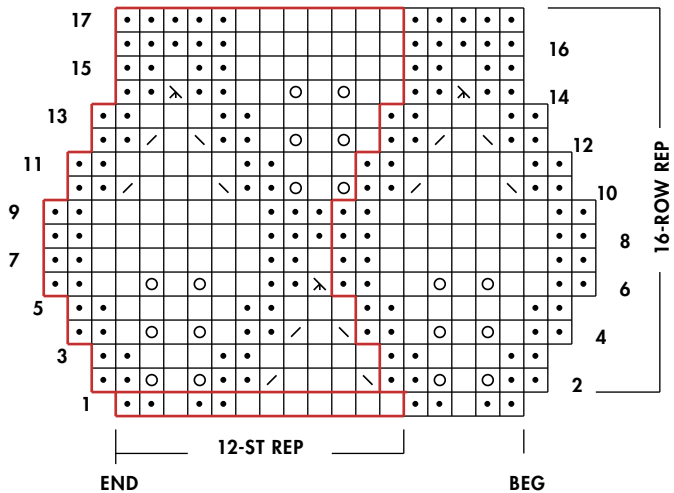
FINISHING

Weave in ends but do not trim. Block to 30in (76cm) wide and 38in (96.5cm) long; piece will relax to finished measurements after blocking.

Trim ends.

CHART KEY

- k on RS, p on WS
- p on RS, k on WS
- yo
- k2tog
- skp
- sk2p
- pattern repeat



ABBREVIATIONS FOR BLANKET

- | | | | |
|------------------|----------------------------|--|--------------------------------|
| Beg beginning. | K knit. | RS right side of work. | St/s stitch/es. |
| BO bind off. | K2tog knit 2 sts together. | Sk2p slip 1 st knitwise, k2tog, pass slipped st over. | WS wrong side of work. |
| CO cast on. | P purl. | Skp slip, knit, pass. Slip next st knitwise, knit the next st, pass the slipped st over the knit st. | Yo hold yarn in front of work. |
| Dec'd decreased. | Patt pattern. | | |
| Inc'd increased. | Rep repeat. | | |



Skies of Sweden Throw Pillow

In the northern regions of Sweden there is a considerable amount of snowfall during the winter months, and with over half of Sweden covered in forest, snow is often seen glistening on the tops of spruce and pine trees. With only two strands of color, this snow-covered scene is an easy place to start your colorwork practice and perhaps have you longing to see the sparkling treetops for yourself.

SKILL LEVEL XXX

GAUGE

- 21 sts and 25 rnds = 4in (10cm) in colorwork charts

NEEDLE

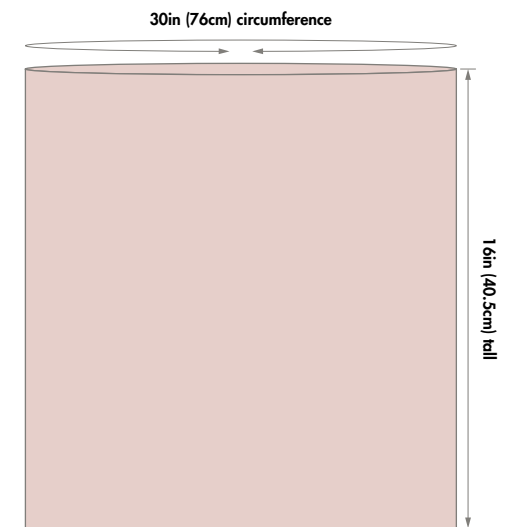
- U.S. size 4 (3.5mm), 24in (60cm) circular
Adjust needle size if necessary to obtain the correct gauge.

YARN

- Worsted weight (#4 Medium)
Shown in: Cascade 220 Heathers (100% Peruvian wool; 220yds [200m]/3½oz [100g]); #9600 Antiqued Heather (MC), 1 skein; Cascade 220 Superwash Effects (100% superwash wool; 220yds [200m]/3½oz [100g]); #13 Lava (CC), 1 skein

NOTIONS

- Stitch marker
- Tapestry needle
- 18 x 18in (46 x 46cm) pillow insert





Fire and Ice Icelandic Cowl

Crafted with a thick Icelandic sheep's wool, this cowl will satisfy your need for a quick knit while practicing colorwork on a slightly larger scale. Inspired by Iceland, the land of fire and ice, this cowl uses traditional geometric techniques to depict the volcanic landscape as well as the snow crystals falling from the sky.

SKILL LEVEL XXX

GAUGE

- 16 sts and 13 rnds = 4in (10cm) in colorwork pattern

NEEDLES

- U.S. size 9 (5.5mm), 24in (60cm) circular needle
- Adjust needle size if necessary to obtain the correct gauge.

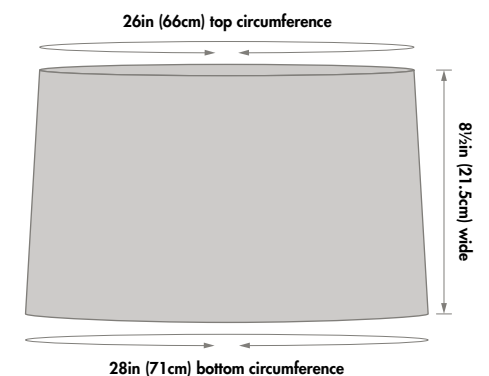
YARN

- Bulky weight (#5 Bulky)

Shown in: Ístex Álafosslopi (100% Icelandic wool; 109yd [100m]/3½oz [100g]); #0005 Black Heather (A), #9972 Ecru (B), #0085 Oatmeal (C), and #9964 Golden (D); 1 ball each

NOTIONS

- Stitch marker
- Tapestry needle





Fire and Ice Icelandic Mittens

As the second piece in this matching Icelandic set (see page 62), these mittens are worked with the same thick wool, the fiber for which Iceland has become known, as the cowl. This pattern will introduce you to thumb gussets and the decreases needed to craft the perfect pointed tip on your Icelandic mitts.

SKILL LEVEL XXX

GAUGE

- 16 sts and 22 rnds = 4in. (10cm) in stockinette stitch with larger needles

NEEDLES

- U.S. size 7 (4.5mm) set of 4 or 5 double-pointed needles
- U.S. size 9 (5.5mm) set of 4 or 5 double-pointed needles

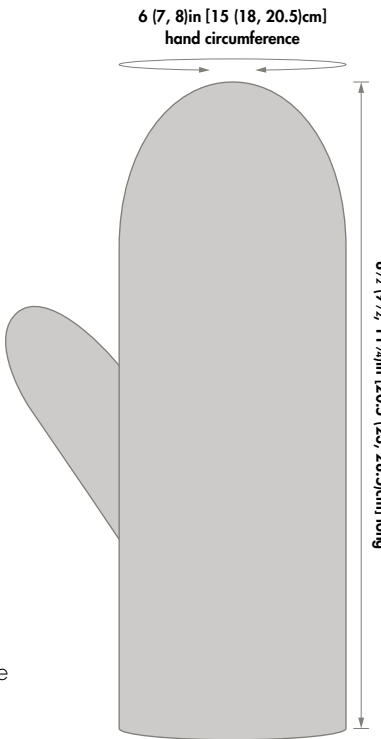
Adjust needle size if necessary to obtain the correct gauge.

YARN

- Bulky weight (#5 Bulky)
- Shown in: Ístex Álafosslopi (100% Icelandic wool; 109 yards [100m]/3½oz [100g]); #0005 Black Heather (A), #9972 Ecru (B), #0085 Oatmeal (C), and #9964 Golden (D); 1 ball each

NOTIONS

- Stitch markers
- Waste yarn
- Tapestry needle



MITTENS

With smaller dpn and A, CO 24 (28, 32) sts. Pm and join to work in the rnd, being careful not to twist sts.

Rnd 1: *k1-tbl, p1-tbl; rep from * to end of rnd.

Rep last rnd until piece measures about 2in (5cm).

Change to larger dpn.

Work Rnds 1–5 of Chart A, working 4-st rep 6 (7, 8) times across each rnd.

THUMB GUSSET

SET-UP (INC'D) RND: k1, M1R, k1, M1L, pm for thumb gusset, knit to end of rnd—26 (30, 34) sts.

Knit 2 rnds.

INC'D RND: k1, M1R, knit to marker, M1L, sm, knit to end of rnd—2 sts inc'd.

Rep last 3 rnds 1 (2, 3) more time(s)—30 (36, 42) sts, with 8 (10, 12) sts between between the beginning of round and thumb gusset stitch marker.

NEXT RND: Place first 8 (10, 12) sts on waste yarn for thumb, CO 2 sts using Backward Loop method, then knit to end of rnd—24 (28, 32) sts rem.

HAND

Cont even in St st until piece measures 6¾ (7½, 9)in [17 (19, 23)cm] from beg, or about 1¾ (2, 2¼)in [4.5 (5, 5.5)cm] short of desired length.

Work Rnds 1–4 of Chart B, working each 4-st rep 6 (7, 8) times across each rnd.

SHAPE TOP

SET-UP RND: With A only, k12 (14, 16) sts, pm, then knit to end of rnd.

DEC'D RND 1: *k1, ssk, knit to 3 sts before marker, k2tog, k1; rep from * once more—4 sts dec'd.

Rep Dec'd rnd 1 every rnd 3 (4, 5) more times—8 sts rem.

DEC'D RND 2: *k1, ssk, k1, sm; rep from * once more—6 sts rem.

Cut yarn, leaving a 6in (15cm) long tail, thread tail through rem sts, pulling tightly to close hole, and fasten off on WS.

THUMB

Place held 8 (10, 12) thumb sts on dpn.

Join A. Knit 8 (10, 12) thumb sts, then pick up and knit 2 sts in CO sts at top of thumb hole—10 (12, 14) sts (see page 70). Distribute sts evenly over 3 dpn.

Pm and join to work in the rnd.

Work even in St st until thumb measures 1¾ (2, 2¼)in [4.5 (5, 5.5)cm], or desired length.

SHAPE TOP

SIZE 6IN/15CM ONLY

DEC'D RND: *(k2tog) twice, k1; rep from * once more—6 sts rem.

SIZE 7IN/18CM ONLY

DEC'D RND: (k2tog) 6 times—6 sts rem.

SIZE 8IN/20.5CM ONLY

DEC'D RND: (k2tog) 7 times, remove beg-of-rnd marker, k2tog—6 sts rem.

ALL SIZES

Cut yarn, leaving a 6in (15cm) long tail, thread tail through rem sts, pulling tightly to close hole, and fasten off on WS.

FINISHING

Weave in ends. Lightly block to measurements.



CHART KEY

- A
- B
- C
- D
- pattern repeat

CHART A

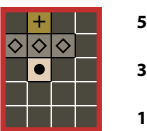


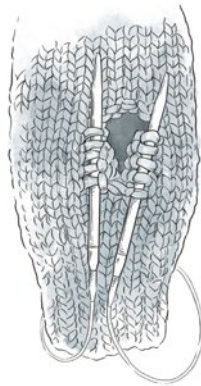
CHART B



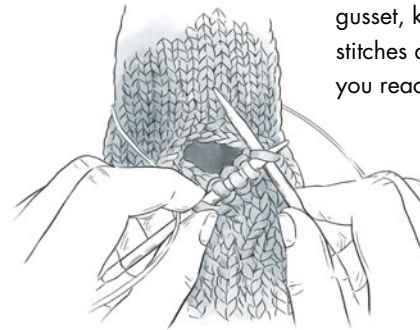
ABBREVIATIONS FOR MITTENS

Beg beginning.	K2tog knit 2 sts together.	Sm slip marker.	Tbl through the back loop.
CO cast on.	M1L make 1 left.	Ssk slip, slip, knit. Slip the next 2 sts individually as if to knit. Insert left needle into the front of these 2 stitches from the left side and knit both stitches together.	WS wrong side of work.
Cont continue/s.	M1R make 1 right.	St/s stitch/es.	
Dec'd decreased.	P purl.	St st stockinette stitch.	
Dpn/s double-pointed needle/s.	Pm place marker.		
Inc'd increased.	Rem remaining.		
K knit.	Rep repeat.		
	Rnd/s round/s.		

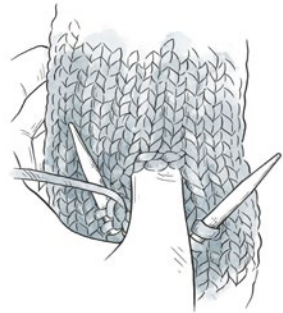
PICKING UP THUMB STITCHES



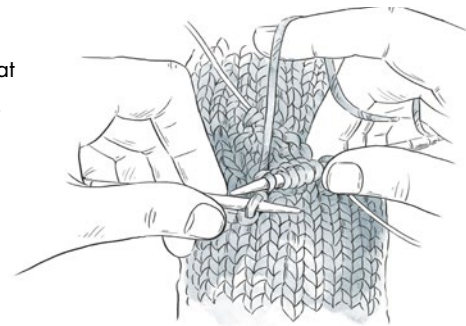
1. Place the held 8 (10, 12) stitches from the thread onto the larger needles.



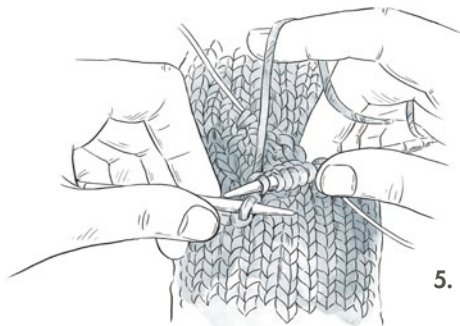
2. With main color, starting at the top right of the thumb gusset, knit the 8 (10, 12) stitches around the gusset until you reach the end of the row.



3. Once you have knit across the 8 (10, 12) stitches, you will reach the part of the pattern where you cast on two stitches. Locate these two stitches at the top of the thumb hole.

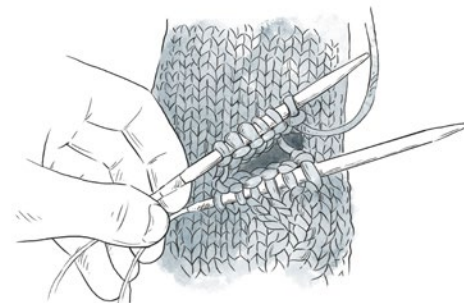


4. Pick up the two stitches. Tip: turn your work upside down, putting the two cast-on stitches at the bottom of your thumb hole. This may be helpful in picking up these two stitches.



5. Knit the two stitches.

6. You now have 10 (12, 14) stitches on your needles. Knit in the round until the thumb measures the desired length noted in the pattern.





A Slow Day in Shetland Wrist Warmers

Made with wool from the Shetland Islands, this pattern was designed with colorwork lovers in mind. The simple tube design with no additional features makes for a relaxing knit, as you only need to focus on the colorwork. These earth-toned wrist warmers will make it easy to imagine picking berries in a field while the Celtic winds blow around you.

SKILL LEVEL X.X.X

GAUGE

- 30 sts and 28 rnds = 4in (10cm) in stockinette colorwork



NEEDLES

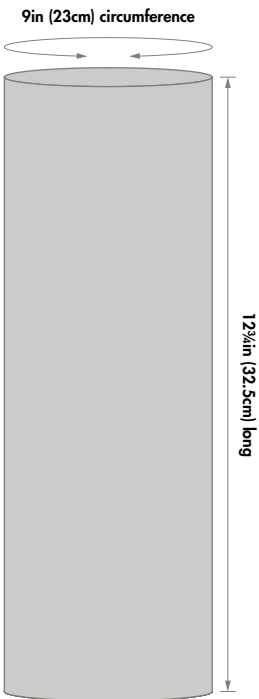
- U.S. size 3 (3.25mm) double-pointed needles or 32in (80cm) long circular needle for Magic Loop method
- Adjust needle size if necessary to obtain the correct gauge.

YARN

- 2-ply weight
- Shown in: Jamieson & Smith 2 Ply Jumper Weight (100% Shetland wool; 125yd [115m]/.88oz [25g]); #4 (A, brown), #01A (B, cream), #202 (C, beige), #2 (D, medium brown), #1280 (E, light blue), #FC9 (F, purple), #FC11 (G, dark green), #FC24 (H, light green), and #121 (I, gold), 1 ball each.

NOTIONS

- Stitch marker
- Tapestry needle





An Ode to Marit Selbu Mittens

In 1857, Marit Emstad of Selbu, Norway, did something out of the ordinary. Using two different colors of fiber, she created a detailed rose design on mittens knit for her and her sisters to wear to church. This new way of knitting earned Marit the title “the mother of two-color knitting.” This pattern was designed with simplicity in mind, while staying true to the traditional aspects of Selbu mittens. Intricate colorwork showcases the Selbu rose, the unique thumb gusset, and side bands.

SKILL LEVEL X.X.X

GAUGE

- 26 sts and 28 rnds = 4in (10cm) in colorwork pattern

NEEDLES

- U.S. size 4 (3.5mm) double-pointed needles or 32in (80cm) long circular needle for Magic Loop method

Adjust needle size if necessary to obtain the correct gauge.

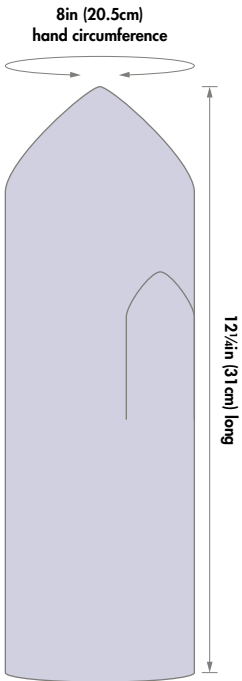
YARN

- Worsted weight (#4 Medium)

Shown in: Cascade 220 Heathers (100% Peruvian Highland wool; 220yd [200m]/3½oz [100g]); #8011 Aspen Heather (MC, light gray) and #2423 Montmartre (CC, medium blue), 1 skein

NOTIONS

- Stitch markers
- Waste yarn
- Tapestry needle



LEFT MITTEN

With MC, CO 48 sts. Pm and join to work in the rnd, being careful not to twist sts.

Work Rnds 1–29 of Chart A, working 12-st rep 4 times across each rnd.

THUMB GUSSET

RND 1 (set-up): Working Rnd 1 of Chart B, work first 17 sts, pm, working Rnd 1 of Chart C, k1, M1L, k1, pm, working next 27 sts of Chart B, k2tog with CC.
RNDS 2 AND 3: Working Rnd 2 of both charts, work first 17 sts of Chart B, sm, work 3 sts of Chart C, sm, then work rem 28 sts of Chart B.

Cont in established patt, work Rnds 4–15 of both charts—56 sts, with 11 sts for thumb gusset.

RND 16: Work first 17 sts of Chart B, remove marker, place next 11 sts on waste yarn for thumb gusset, CO 7 sts in colors as per Chart B, then work to end of rnd—52 sts rem.

Work Rnds 17–45 of Chart B.

SHAPE TOP

RND 46 (set-up): Work first 5 sts, ssk, work next 17 sts, k2tog, pm, work 5 sts, ssk, work next 17 sts, k2tog—48 sts rem.
RND 47 (DEC'D): Work 5 sts, ssk, work to 2 sts before marker, k2tog, sm, work 5 sts, ssk, work to last 2 sts, k2tog—4 sts dec'd.
RNDS 48–54 (DEC'D): Rep last rnd 8 more times—16 sts rem.

RND 55 (DEC'D): k5, ssk, k6, ssk, k1—14 sts rem.

Cut yarns, leaving 6in (15cm) long tails, thread tails through rem sts, pulling tightly to close hole, and fasten off on WS.

THUMB

Place held 11 thumb sts on dpn.

RND 1: Working Rnd 1 of Chart D, work 11 thumb sts, pick up and knit 2 sts in gap on left side of thumb hole (see page 70), pick up and knit 7 sts along CO at top of opening, then pick up and knit 2 sts in gap on right side of thumb hole—22 sts.

Distribute sts evenly over 4 dpn or long cir needle for Magic Loop method. Pm and join to work in the rnd.

Work Rnds 2–12 of Chart D as established.

SHAPE TOP

RND 13 (DEC'D): k1, ssk, k5, k2tog, k2, ssk, k5, k2tog, k1—18 sts rem.
RND 14 (DEC'D): k1, ssk, k3, k2tog, k2, ssk, k3, k2tog, k1—14 sts rem.
RND 15 (DEC'D): k1, ssk, k1, k2tog, k2, ssk, k1, k2tog, k1—10 sts rem.
RND 16 (DEC'D): k1, ssk, k2, ssk, k1—8 sts rem.

Cut yarns, leaving 6in (15cm) long tails, thread tails through rem sts, pulling tightly to close hole, and fasten off on WS.

RIGHT MITTEN

With MC, CO 48 sts. Pm and join to work in the rnd, being careful not to twist sts.

Work Rnds 1–29 of Chart A, working 12-st rep 4 times across each rnd.

THUMB GUSSET

RND 1 (set-up): Working Rnd 1 of Chart E, work first 33 sts, pm, working Rnd 1 of Chart C, k1, M1L, k1, pm, working next 11 sts of Chart E, k2tog with CC.
RNDS 2 and 3: Working Rnd 2 of both charts, work first 33 sts of Chart E, sm, work 3 sts of Chart C, sm, then work rem 12 sts of Chart E.

Cont in established patt, work Rnds 4–15 of both charts—56 sts, with 11 sts for thumb gusset.

RND 16: Work first 33 sts of Chart E, remove marker, place next 11 sts on waste yarn for thumb gusset, CO 7 sts in colors as per Chart E, then work to end of rnd—52 sts rem.

Work Rnds 17–45 of Chart E.

SHAPE TOP

RND 46 (set-up): Work first 5 sts, ssk, work next 17 sts, k2tog, pm, work 5 sts, ssk, work next 17 sts, k2tog—48 sts rem.
RND 47 (DEC'D): Work 5 sts, ssk, work to 2 sts before marker, k2tog, sm, work 5 sts, ssk, work to last 2 sts, k2tog—4 sts dec'd.
RNDS 48–54 (DEC'D): Rep last rnd 8 more times—16 sts rem.
RND 55 (DEC'D): k5, ssk, k6, ssk, k1—14 sts rem.

Cut yarns, leaving 6in (15cm) long tails, thread tails through rem sts, pulling tightly to close hole, and fasten off on WS.

THUMB

Work same as for Left Mitten.

FINISHING

Weave in ends. Block pieces to finished measurements.



ABBREVIATIONS FOR MITTENS

CC contrasting color.	K knit.	Pm place marker.	knit. Insert left needle into the front of these 2 stitches from the left side and knit both stitches together.
Cir circular.	K2tog knit 2 sts together.	Rem remaining.	St(s) stitch(es).
CO cast on.	MC main color.	Rep repeat.	WS wrong side.
Cont continue/s.	M1L make 1 left.	Rnd/s round/s.	
Dec'd decreased.	M1R make 1 right.	Sm slip marker.	
Dpn/s double-pointed needle/s.	Patt pattern.	Ssk slip, slip, knit. Slip the next 2 sts individually as if to	



Comforting Cables

Fingerless Mitts

Using the cable work and seaming techniques previously covered in this book, these fingerless mitts represent a further step into detailed cabling. This is a small enough piece that you can tackle quite quickly while gaining practice as you knit.

SKILL LEVEL X.X

GAUGE

- 24 sts and 37 rows = 4in (10cm) in double seed stitch

NEEDLES

- U.S. size 3 (3.25mm)
- U.S. size 5 (3.75mm)

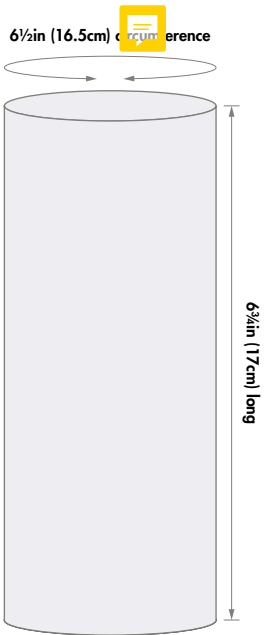
Adjust needle sizes if necessary to obtain the correct gauge.

YARN

• DK/Light Worsted weight (#3/4 Light/Medium)
Shown in: Cascade 220 Superwash (100% superwash wool; 220yd [200m]/3½oz [100g]); #1926 Doeskin Heather, 1 skein

NOTIONS

- Cable needle
- Tapestry needle



LEFT MITT

With smaller needles, CO 54 sts.

ROW 1 (WS): *k1-tbl, p1-tbl; rep from * to end of row.
ROW 2 (RS): *k1-tbl, p1-tbl; rep from * to end of row.

Rep Rows 1 and 2 once more, then rep Row 1 again.

Change to larger needles.

Work Rows 1–24 of Left Mitt Chart, or as foll:
ROW 1 (RS): p1, k1, p1, k16, p1, k4, p1, k12, p1, [p1, k1] 8 times.

ROW 2 AND ALL OTHER WS ROWS: Knit the knit sts and purl the purl sts as they face you.

ROW 3: k1, p2, [2/2 RC, 2/2 LC] twice, p1, k4, p1, k4, 4/4 LC, p1, [k1, p1] 8 times.
ROW 5: p1, k1, p1, k16, p1, 2/2 LC, p1, k12, p1, [p1, k1] 8 times.

ROW 7: k1, p2, [2/2 LC, 2/2 RC] twice, p1, k4, p1, 4/4 RC, k4, p1, [k1, p1] 8 times.
ROW 9: Rep Row 1.
ROW 11: k1, p2, [2/2 RC, 2/2 LC] twice, p1, 2/2 LC, p1, k4, 4/4 LC, p1, [k1, p1] 8 times.
ROW 13: Rep Row 1.
ROW 15: Rep Row 7.
ROW 17: Rep Row 5.
ROW 19: Rep Row 3.
ROW 21: Rep Row 1.
ROW 23: k1, p2, [2/2 LC, 2/2 RC] twice, p1, 2/2 LC, p1, 4/4 RC, k4, p1, [k1, p1] 8 times.
ROW 24: Rep Row 2.

Rep Rows 1–24 once more, then rep Rows 1–8 again.

BO in patt.

RIGHT MITT

With smaller needles, CO 54 sts.

ROW 1 (WS): *k1-tbl, p1-tbl; rep from * to end of row.
ROW 2 (RS): *k1-tbl, p1-tbl; rep from * to end of row.

Rep rows 1 and 2 once more, then rep Row 1 again.

Change to larger needles.

Work Rows 1–24 of Right Mitt Chart, or as foll:
ROW 1 (RS): [p1, k1] 8 times, p1, k12, p1, k4, p1, k16, p2, k1.

ROW 2 AND ALL OTHER WS ROWS: Knit the knit sts and purl the purl sts as they face you.

ROW 3: [k1, p1] 8 times, p1, k4, 4/4 LC, p1, k4, p1, [2/2 RC, 2/2 LC] twice, p1, k1, p1.
ROW 5: [p1, k1] 8 times, p1, k12, p1, 2/2 RC, p1, k16, p2, k1.
ROW 7: [k1, p1] 8 times, p1, 4/4 RC, k4, p1, k4, p1, [2/2 LC, 2/2 RC] twice, p1, k1, p1.
ROW 9: Rep Row 1.
ROW 11: [k1, p1] 8 times, p1, k4, 4/4 LC, p1, 2/2 RC, p1, [2/2 RC, 2/2 LC] twice, p1, k1, p1.
ROW 13: Rep Row 1.
ROW 15: Rep Row 7.
ROW 17: Rep Row 5.
ROW 19: Rep Row 3.
ROW 21: Rep Row 1.
ROW 23: [k1, p1] 8 times, p1, 4/4 RC, k4, p1, 2/2 RC, p1, [2/2 LC, 2/2 RC] twice, p1, k1, p1.
ROW 24: Rep Row 2.

Rep Rows 1–24 once more, then rep Rows 1–8 again.

BO in patt.

FINISHING
Weave in ends. Lightly block to measurements.

Beg at bottom edge, sew together 3in (7.5cm) of side edges using mattress st (see page 25).

Leaving a gap 2in (5cm) for your thumb, sew together rem 1¾in (4.5cm) of side edges from top of thumb opening to top edge.



STITCH GUIDE

2/2 LC (2 OVER 2 LEFT CROSS): Sl 2 sts to cn and hold in front, k2, then k2 from cn (see page 122).
2/2 RC (2 OVER 2 RIGHT CROSS): Sl 2 sts to cn and hold in back, k2, then k2 from cn (see page 121).
4/4 LC (4 OVER 4 LEFT CROSS): Sl 4 sts to cn and hold in front, k4, then k4 from cn (see page 122).
4/4 RC (4 OVER 4 RIGHT CROSS): Sl 4 sts to cn and hold in back, k4, then k4 from cn (see page 121).

ABBREVIATIONS FOR MITTS

Beg beginning.	Foll follows.	Rep repeat.	Tbl through the back loop.
BO bind off.	K knit.	RS right side of work.	WS wrong side of work.
Cn cable needle.	P purl.	Sl slip.	
CO cast on.	Patt pattern.	St/s stitch/es.	

CHART KEY

k on RS, p on WS

p on RS, k on WS

2/2 LC

2/2 RC

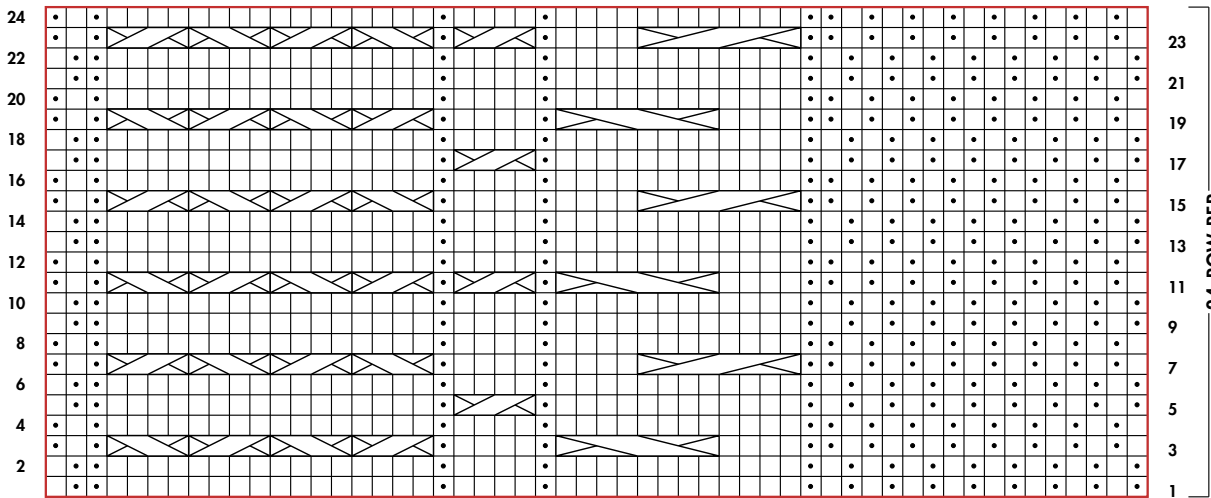
4/4 LC

4/4 RC

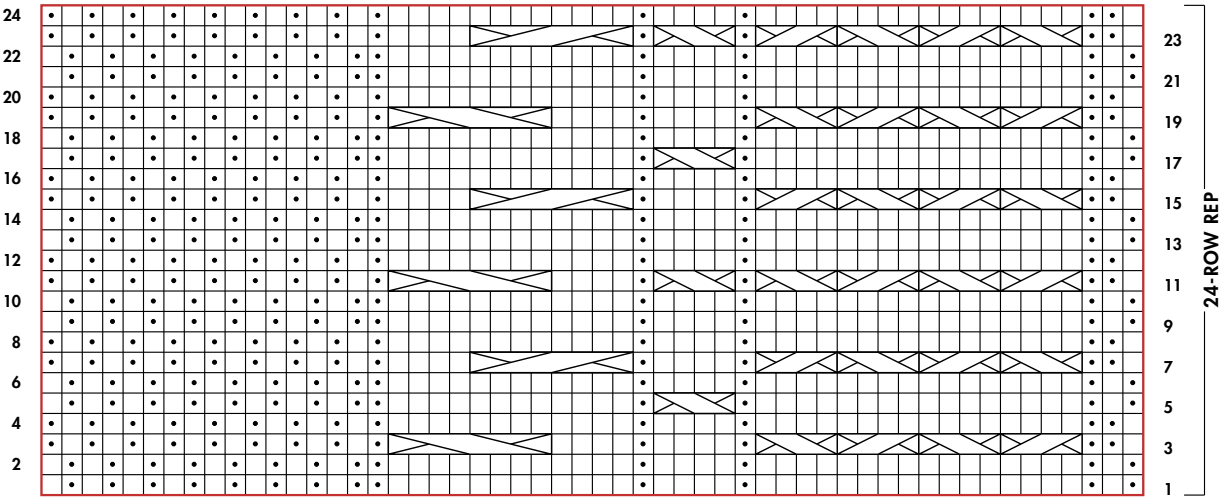
pattern repeat



RIGHT MITT CHART



LEFT MITT CHART





In the Company of Cables Blanket

No knitter's home would be complete without a hand-crafted blanket. Often passed down from one generation to the next, knitted blankets can act as a loving hug from someone who lives far away or is no longer around. With the amount of time and effort put into this blanket, receiving such a gift would be very special.

The detailed cable work is sure to keep you on your toes and give you the unparalleled satisfaction of completing a project of this size.

SKILL LEVEL XX

GAUGE

- 16 sts and 23 rows = 4in (10cm) in double seed stitch
- 23 sts and 23 rows = 4in (10cm) in center cable pattern

NEEDLES

- U.S. size 7 (4.5mm) **circular**

Adjust needle size if necessary to obtain the correct gauge.

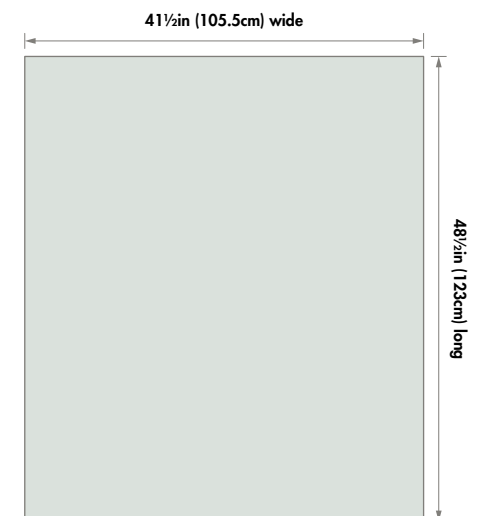
YARN

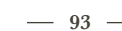
- Bulky weight (#5 Bulky)

Shown in: Cascade Yarns Eco+ (100% Peruvian Highland wool; 478yd [437m]/8.82oz [250g]); #2445 Shire, 4 skeins

NOTIONS

- Cable needle
- Tapestry needle







Sheltered in Scandinavia Hat

Inspired by the detailed colorwork of many Scandinavian knits, this pattern was created to expand your colorwork skills as well as pay tribute to the traditional techniques used, such as the brim folded inside the hat in order to display as much colorwork detail as possible. Use this hat as a swatch tester for the much larger matching scarf (see page 98).

SKILL LEVEL X.X.X

GAUGE

- 26 sts and 28 rnds = 4in (10cm) in colorwork pattern

NEEDLES

- U.S. size 4 (3.5mm), 24in (60cm) circular and set of 4 or 5 double-pointed needles

Adjust needle size if necessary to obtain the correct gauge.

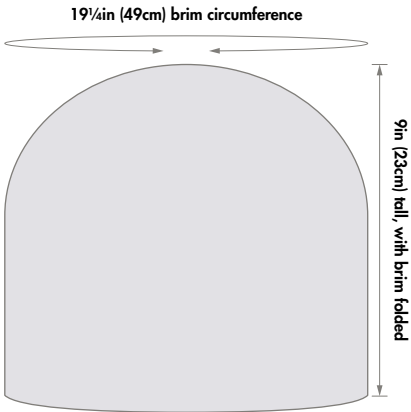
YARN

- Worsted weight (#4 Medium)

Shown in: Cascade 220 (100% Peruvian Highland wool; 220yd [200m]/3½oz [100g]); #8021 Beige (MC) and #8010 Natural (CC), 1 skein each

NOTIONS

- Stitch markers
- Tapestry needle



HAT

With cir needle and MC, CO 124 sts.

Pm and join to work in the rnd, being careful not to twist sts.



RND 1: *k2, p2; rep from * to end of rnd.

Rep Rnd 1 until piece measures 3¼in (8cm).

INC'D RND: M1, k62, pm, M1, k to end of rnd—126 sts.

Join CC.

Work Rnds 1–40 of Chart, working 63-st rep twice across each rnd. Piece should measure about 10in (25.5cm) from beg.

Cut CC.

SHAPE TOP

SET-UP RND: *pm, k9; rep from * to end of rnd.

DEC'D RND: *ssk, k to marker, sm; rep from * to end of rnd—14 sts dec'd.

Change to dpn when there are too few sts to work on cir needle.

Rep Dec'd rnd every rnd 7 times more—14 sts rem.

Cut yarn, leaving a 6in (15cm) long tail, thread tail through rem sts, pulling tightly to close hole, and fasten off on WS.

FINISHING

Weave in ends. Block as shown (see opposite).

ABBREVIATIONS FOR HAT

Beg beginning.
CC contrasting color.
Cir circular.
CO cast on.
Dec'd decreased.
Dpn/s double-pointed
needle/s.
Inc'd increased.
K knit.
M1 make 1.
MC main color.
Pm place marker.

Rem remaining.
Rep repeat.
Rnd/s round/s.
Sm slip marker.
Ssk slip, slip, knit. Slip the next 2 sts individually as if to

knit. Insert left needle into the front of these 2 stitches from the left side and knit both stitches together.
St/s stitch/es.
WS wrong side of work.

BLOCKING

1. Lay in lukewarm water until the piece is fully soaked. Fold the ribbed section under to the wrong side of the hat so the ribbed stitches are not visible. Laying flat, line up and pin the back of the hat first.

2. Using the back section of the hat as a guide, pin the front section of hat to match.

3. This will create a double-lined brim for extra warmth. Leave the hat to dry for one to two days.

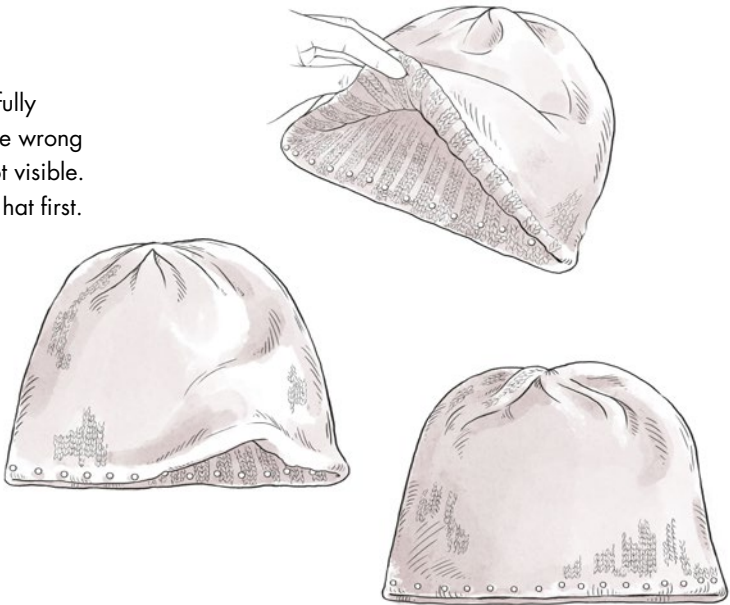
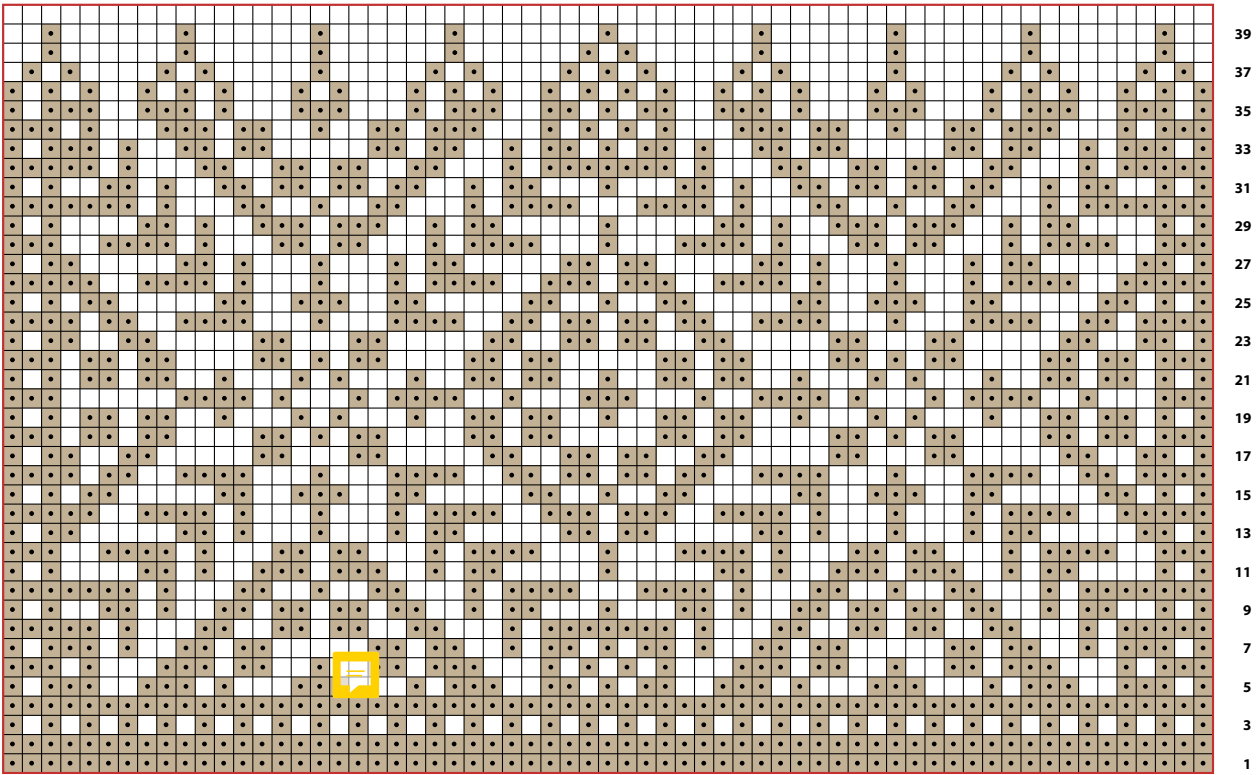


CHART KEY

MC CC pattern repeat





SCARF

With MC, CO 126 sts. Pm and join to work in the rnd, being careful not to twist sts.

RND 1: *k1, p1; rep from * to end of rnd.

Rep Rnd 1 four more times.

Join CC.

NEXT RND: Working Row 1 of Chart A, work 63 sts of chart, pm, then work 63 sts of chart again.

Work Rnds 2–21 of chart as established.

Working 63-st rep of each chart twice across each rnd, cont as foll:

*Chart B, C, D, E, D, C; rep from * 2 more times, work Chart B again, then work Chart F.

Piece should measure approx. 71¾n. (182cm) from beg.

Cut CC.

NEXT RND: *k1, p1; rep from * to end of rnd.

Rep last rnd 4 more times.

BO in ribbing.

FINISHING

Weave in ends. Block to measurements.



ABBREVIATIONS FOR SCARF

- Beg** beginning.

BO bind off.

CC contrasting color.

CO cast on.

Cont continue/s.
- Foll** follows.

K knit.

MC main color.

Patt pattern.

P purl.
- Pm** place marker.

Rep repeat.

Rnd/s round/s.

St/s stitch/es.



ROW 2 (WS): Knit the knit sts and purl the purl sts.

ROW 3 (INC'D): k1f&b, sm, p2, k4, p4, 2/1 RPC, k1, 2/1 LPC, p4, k4, p2, sm, k1f&b—31 sts.

ROW 4: p1, k1, sm, k2, p4, k4, p2, k1, p1, k1, p2, k4, p4, k2, sm, k1, p1.

ROW 5: p1, k1, sm, p2, k4, p3, 2/1 RPC, k1, p1, k1, 2/1 LPC, p3, k4, p2, sm, k1, p1.

ROW 6: k1, p1, sm, k2, p4, k3, p2, [k1, p1] twice, k1, p2, k3, p4, k2, sm, p1, k1.

ROW 7 (INC'D): k1f&b, p1, sm, p2, 2/2 RC, p2, 2/1 RPC, [k1, p1] twice, k1, 2/1 LPC, p2, 2/2 LC, p2, sm, p1, k1f&b—33 sts.

ROW 8: k1, p1, k1, sm, k2, p4, k2, p2, [k1, p1] 3 times, k1, p2, k2, p4, k2, sm, k1, p1, k1.

ROW 9: k1, p1, k1, sm, p2, k4, p2, 2/1 LPC, [p1, k1] twice, p1, 2/1 RPC, p2, k4, p2, sm, k1, p1, k1.

ROW 10: p1, k1, p1, sm, k2, p4, k3, p2, [k1, p1] twice, k1, p2, k3, p4, k2, sm, p1, k1, p1.

ROW 11 (INC'D): k1f&b, k1, p1, sm, p2, k4, p3, 2/1 LPC, p1, k1, p1, 2/1 RPC, p3, k4, p2, sm, p1, k1, k1f&b—35 sts.

ROW 12: [p1, k1] twice, sm, k2, p4, k4, p2, k1, p1, k1, p2, k4, p4, k2, sm, [k1, p1] twice.

ROW 13: [p1, k1] twice, sm, p2, k4, p4, 2/1 LPC, p1, 2/1 RPC, p4, k4, p2, sm, [k1, p1] twice.

ROW 14: [k1, p1] twice, sm, k2, p4, k5, p2, k1, p2, k5, p4, k2, sm, [p1, k1] twice.

ROW 15 (INC'D): k1f&b, p1, k1, p1, sm, p2, 2/2 RC, p5, 2/3 LRC, p5, 2/2 LC, p2, sm, p1, k1, p1, k1f&b—37 sts.

ROW 16: [k1, p1] twice, k1, sm, k2, p4, k5, p2, k1, p2, k5, p4, k2, sm, [k1, p1] twice, k1.

Cont in established patt and increase 1 st each end of every 4 rows 0 (0, 2, 2, 4, 4, 6, 6) more times, working new sts into patt—37 (37, 41, 41, 45, 45, 49, 49) sts.

Work until piece measures 18 (18, 18, 18, 17½, 17, 16½, 16)in [45.5 (45.5, 45.5, 45.5, 44.5, 43, 42, 40.5)cm] from beg.

BO in patt.

STITCH GUIDE

- 2/1 LPC (2 OVER 1 LEFT PURL CROSS):** Sl 2 sts to cn and hold in front, p1, then k2 from cn (see page 120).
- 2/1 RPC (2 OVER 1 RIGHT PURL CROSS):** Sl 1 st to cn and hold in back, k2, then p1 from cn (see page 119).
- 2/2 LC (2 OVER 2 LEFT CROSS):** Sl 2 sts to cn and hold in front, k2, then k2 from cn (see page 122).
- 2/2 LPC (2 OVER 2 LEFT PURL CROSS):** Sl 2 sts to cn and hold in front, p2, then k2 from cn (see page 124).
- 2/2 RC (2 OVER 2 RIGHT CROSS):** Sl 2 sts to cn and hold in back, k2, then k2 from cn (see page 121).
- 2/2 RPC (2 OVER 2 RIGHT PURL CROSS):** Sl 2 sts to cn and hold in back, k2, then p2 from cn (see page 123).
- 3/3 LC (3 OVER 3 LEFT CROSS):** Sl 3 sts to cn and hold in front, k3, then k3 from cn (see page 122).
- 3/3 RC (3 OVER 3 RIGHT CROSS):** Sl 3 sts to cn and hold in back, k3, then k3 from cn (see page 121).
- 2/3 LRC (2 OVER 3 LEFT RIB CROSS):** Sl 2 sts to cn and hold in front, p1, k2, then k2 from cn (see page 110).