patt as established; with Needle 3, pick up and knit 13 (15, 17) sts along other selvedge edge of heel flap, then knit 8 (9, 10) heel sts from Needle 1—68 (78, 88) sts. Rnd begins at back of heel.

Rnd 2 On Needle 1, knit to last 2 sts, k2tog; on Needle 2, work instep sts in patt; on Needle 3, ssk, knit to end—2 sts dec'd.

Rnd 3 Knit.

Rep Rnds 2 and 3 until 52 (60, 68) sts rem—13 (15, 17) sts each on Needle 1 and Needle 3; 26 (30, 34) sts on Needle 2.

FOOT

Working bottom-of-foot sts in St st, first 6 and last 6 instep sts in patt as established for checkerboard rib patt or according to Rnds 1–16 of Broken Rib Instep patt (see Stitch Guide), and center 14 (18, 22) sts in k2, p2 or p2, k2 rib as desired until foot measures about 5½ (6¾, 8)" (14 [17, 20.5] cm) from back of heel or about 1½ (1¾, 2)" (3.8 [4.5, 5] cm) less than desired total length, ending with a purl row if working broken rib patt and working this row across all instep sts for a decorative ridge.

Toe

Dec at each side of foot as foll:

Rnd 1 On Needle 1, knit to last 3 sts, k2tog, k1; on Needle 2, k1, ssk, knit to last 3 sts, k2tog, k1; on Needle 3, k1, ssk, knit to end—4 sts dec'd.

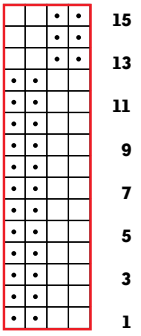
Rnd 2 Knit.

Rep Rnds 1 and 2 until 28 (32, 36) sts rem, then rep Rnd 1 only (i.e., dec every rnd) until 8 (16, 16) sts rem.

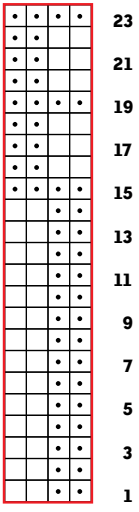
FINISHING

Knit the 2 (4, 4) sts from Needle 1 onto Needle 3—4 (8, 8) sts each on 2 needles. Cut yarn leaving a 10" (25.5 cm) tail. Thread tail on a tapestry needle and use the Kitchener st (see Glossary) to graft live sts tog. Weave in loose ends. With yarn threaded on a tapestry needle, tighten up any holes at gussets, if necessary. Block lightly.

Checkerboard Rib Chart



Broken Rib Chart



knit on RS; purl on WS

purl on RS; knit on WS

pattern repeat