

Flip-Top Mittens

by Debbie Bliss

A pair of frosty-weather mittens in cool blues is just the project to get you started on your winter knitting. Debbie Bliss worked this pair in cashmere, and to make the mittens more functional, she made them convertible—a flip of the top exposes the fingers. Work a duplicate-stitch snowflake motif on the hand and add a bobble closure to hold the top flap closed.



Chris Hartlove

★ FINISHED SIZE:

About 8" hand circumference and 9" long from CO edge to tip of hand, not including decorative loop. To fit a woman's medium.

🧶 YARN:

Debbie Bliss Pure Cashmere (100% cashmere; 50 yd [46 m]/25 g): #012 royal purple (MC), 3 balls; #05 turquoise (CC), 1 ball. Yarn distributed by Knitting Fever.

🪡 NEEDLES:

Sizes 7 (4.5 mm) and 8 (5 mm): straight. Adjust needle size if necessary to obtain the correct gauge.

★ NOTIONS:

Markers (m); stitch holders (optional); removable marker or waste yarn; tapestry needle.

★ GAUGE:

20 sts and 25 rows = 4" in St st on larger needles.

★ SKILL LEVEL:

Intermediate. ●●●

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FLIP-TOP MITTENS

design by DEBBIE BLISS

A PAIR OF FROSTY-WEATHER MITTENS IN COOL BLUES is just the project to get you started on your winter knitting. Debbie Bliss worked this pair in cashmere, and to make the mittens more functional, she made them convertible—a flip of the top exposes the fingers. Work a duplicate-stitch snowflake motif on the hand and add a bobble closure to hold the top flap closed.

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Yarn Debbie Bliss Pure Cashmere (100% cashmere; 50 yd [46 m]/25 g): #012 royal purple (MC), 3 balls; #05 turquoise (CC), 1 ball. Yarn distributed by Knitting Fever.

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Notions Markers (m); stitch holders (optional); removable marker or waste yarn; tapestry needle.

Gauge 20 sts and 25 rows = 4" in St st on larger needles.

Note

Mittens are worked flat in rows and seamed after completing embroidery.

Right Mitten

Cuff: With smaller needles and MC, CO 40 sts. Next row: (RS) *K1, p1; rep from * to end. Work even in established rib for 13 more rows, ending with a WS row. Change to larger needles. Work 2 rows even in St st (knit on RS; purl on WS), ending with a WS row—piece measures about 2½" from CO. Shape thumb gusset: (RS) K21, pm, M1 (see Glossary), k1, M1, pm, k18—42 sts; 3 sts between gusset m. Work 3 rows even in St st. Next row: (RS) Knit to first gusset m, slip marker (sl m), M1, knit to second gusset m, M1, sl m, knit to end—2 sts inc'd between gusset m. Cont in St st, rep the shaping of the last 4 rows 2 more times—9 sts between gusset m; 48 sts total. Purl 1 WS row. Thumb: (RS) Removing gusset m as you come to them, k30, turn, use the cable method (see Glossary) to CO 2 sts, p13, turn—13 center sts for thumb; with RS facing there will be 19 sts on needle before thumb sts, and 18 sts on needle after thumb sts. Note: Thumb is worked back and forth on center sts; you may leave the hand sts on either side of thumb on the needle, or place hand sts on separate holders as desired. Work even in St st on 13 thumb sts only until thumb measures 2½" (about 16 rows) or ½" less than desired length, ending with a WS row. Next row: (RS) K1, *ssk, k1; rep from * to end—9 sts rem. Purl 1 WS row. Next row: (RS) K1, [ssk] 4 times—5 sts. Break yarn, leaving an 8" tail. With tapestry needle, thread tail through rem

sts drawstring-fashion, pull tight to close tip of thumb, and fasten off on WS of work. Hand: Return hand sts to needle if you placed them on holders. Rejoin yarn with RS facing to beg of thumb gap, pick up and knit 3 sts from base of thumb, knit to end—40 sts. Work even in St st until hand measures 2" (about 14 rows) from sts picked up at base of thumb, ending with a RS row. Next row: (WS) BO 18 sts for finger slit, purl to end—22 sts rem. Next row: (RS) K22, CO 18 sts to complete finger slit—40 sts. Work even in St st until hand measures 1" above finger slit (about 7 rows), or ½" less than desired total length, ending with a WS row. Shape top:

Row 1: (RS) K2, *ssk, k13, k2tog, k2; rep from * once more—36 sts rem.

Row 2: (WS) Purl.

Row 3: K2, *ssk, k11, k2tog, k2; rep from * once more—32 sts rem.

Row 4: P2, *p2tog, p9, p2tog through back loops (tbl), p2; rep from * once more—28 sts rem.

Row 5: K2, *ssk, k7, k2tog, k2; rep from * once more—24 sts rem.

Row 6: P2, *p2tog, p5, p2tog tbl, p2; rep from * once more—20 sts rem.

Row 7: K2, *ssk, k3, k2tog, k2; rep from * once more—16 sts rem.

Row 8: P2, *p2tog, p1, p2tog tbl, p2; rep from * once more—12 sts rem.

Row 9: K2, [sl 1, k2tog, pssso, k2] twice—8 sts rem.

BO all sts.

Left Mitten

With smaller needles and MC, CO 40 sts. Work 14 rows of k1, p1 rib as for right mitten. Change to larger needles and work 2 rows even in St st, ending with a WS row—piece measures about 2½" from CO. Shape thumb gusset: (RS) K18, pm, M1, k1, M1, pm, k21—42 sts; 3 sts between gusset m. Work thumb gusset as for right mitten—9 sts between gusset m; 48 sts total. Purl 1 WS row. Thumb: (RS) Removing gusset m as you come to them, k27, turn, use the cable method to CO 2 sts, p13, turn—13 center sts for thumb; with RS facing there will be 16 sts on needle before thumb sts, and 21 sts on needle after thumb sts. If desired,

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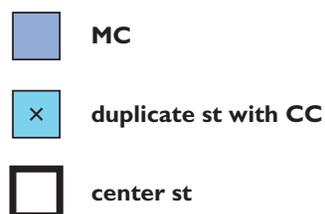
place sts on either side of thumb on holders. Complete thumb as for right mitten. Hand: Return hand sts to needle if you placed them on holders. Rejoin yarn with RS facing to beg of thumb gap, pick up and knit 3 sts from base of thumb, knit to end—40 sts. Work even in St st until hand measures 2" (about 13 rows) from sts picked up at base of thumb, ending with a WS row. Next row: (RS) BO 18 sts for finger slit, knit to end—22 sts rem. Next row: (WS) P22, CO 18 sts to complete finger slit—40 sts. Work even in St st until hand measures same as right mitten to beg of top shaping (about 8 rows), or 1½" less than desired total length, ending with a WS row. Shape top: Work as for right mitten—8 sts rem. BO all sts.

Finishing

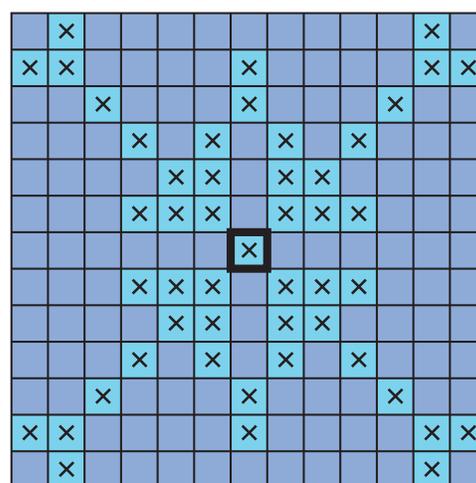
Bobbles (make 2): With smaller needles and CC, CO 1 st. Next row: [K1, p1, k1, p1, k1] all in same st—5 sts. *Purl 1 row, knit 1 row; rep from * once more—4 rows St st completed on 5 sts. Next row: (WS) Pass 2nd, 3rd, 4th and 5th sts over 1st st as if to BO, then knit rem st tbl. Break yarn, leaving a long tail for

attaching bobble, and thread tail through last st to fasten off. Top loop (make 2): With smaller needles and MC, CO 10 sts. BO all sts on next row. Break yarn, leaving a long tail for attaching loop. Embroidery: Identify the center stitch column on the back of each mitten, then with removable marker or waste yarn, mark the st in the center column about 3½" down from tip of mitten; this marked st is the center st of the snowflake embroidery motif (indicated by heavy outline on diagram). With CC threaded on a tapestry needle, embroider snowflake motif on back of each hand using duplicate stitch (at right). Using tails threaded on tapestry needle, sew one bobble to back of each mitten about 1" below snowflake motif as shown. With yarn threaded on a tapestry needle, sew seam on pinky side of each mitten from CO edge to top. Sew thumb seams. Attach a loop to end of each mitten tip as shown. Weave in ends. ∞

DEBBIE BLISS lives, knits, and designs in "merry olde" England.



Snowflake Embroidery



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Cable Cast-On

Begin with a slipknot and one knitted cast-on stitch if there are no established stitches. Insert right needle between first two stitches on left needle (Figure 1). Wrap yarn as if to knit. Draw yarn through to complete stitch (Figure 2) and slip this new stitch to left needle as shown (Figure 3).



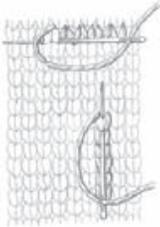
Figure 1



Figure 2



Figure 3



Duplicate Stitch

Horizontal: Bring threaded needle out from back to front at the base of the V of the knitted stitch you want to cover. *Working right to left, pass needle in and out under the stitch in the row above it and back into the base of the same stitch. Bring needle back out at the base of the V of the next stitch to the left. Repeat from *.

Vertical: Beginning at lowest point, work as for horizontal duplicate stitch, ending by bringing the needle back out at the base of the stitch directly above the stitch just worked.

Raised (M1) Increases

Left Slant (M1L) and Standard M1



Figure 1



Figure 2

With left needle tip, lift strand between needles from front to back (Figure 1). Knit lifted loop through the back (Figure 2).

Right Slant (M1R)



Figure 1



Figure 2

With left needle tip, lift strand between needles from back to front (Figure 1). Knit lifted loop through the front (Figure 2).

Purlwise (M1P)



Figure 1



Figure 2

With left needle tip, lift strand between needles, from back to front (Figure 1). Purl lifted loop (Figure 2).



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