

Inc 2

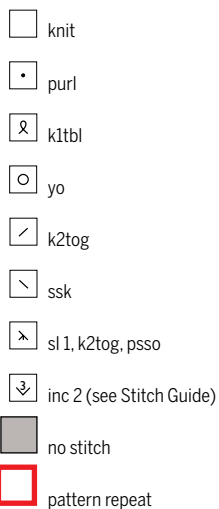
Insert needle into center of st 3 rows below and knit (but do not drop st from left needle); knit st on left needle (and drop st off); knit into center of same st 3 rows below—2 sts inc'd.

CUFF

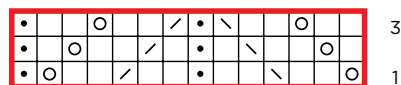
CO 84 sts. Arrange sts evenly onto 3 dpn, place marker (pm), and join for working in the rnd, being careful not to twist sts.

Work 4 rnds in garter st (\*knit 1 rnd, purl 1 rnd; rep from \*).

Work Rows 1–3 of Cuff chart 4 times.



## CUFF



## LEG

Work Rows 1–21 of Leg chart once, then work Rows 1–18 once more.

**NEXT RND NEEDLE 1** Work Row 19 of Leg chart, omitting inc 2 and working p1 instead; **NEEDLES 2 AND 3** Work Row 19 of Leg chart as written.

## HEEL

**ROW 1** (RS) **NEEDLE 1** K27, sl 1 st to Needle 2. turn.

**ROW 2** (WS) K1, p39 (26 sts from Needle 1 and 13 sts from Needle 3), k1 from Needle 3—41 sts total.

Heel will be worked back and forth in rows on these 41 sts; rem 47 sts will be worked later for instep.

## HEEL FLAP

**ROW 1** K4, \*k2tog, k6; rep from \* 3 more times, k2tog, k3, turn—36 heel sts rem.

ROW 2 Purl.

**ROW 3** K1, \*sl 1, k1; rep from \* to last st. k1.

Rep Rows 2 and 3 fifteen more times, then work Row 2 once more.

## TURN HEEL

Work short-rows (see Glossary) as foll:

**SHORT-ROW 1** (RS) K19, ssk, k1, turn.

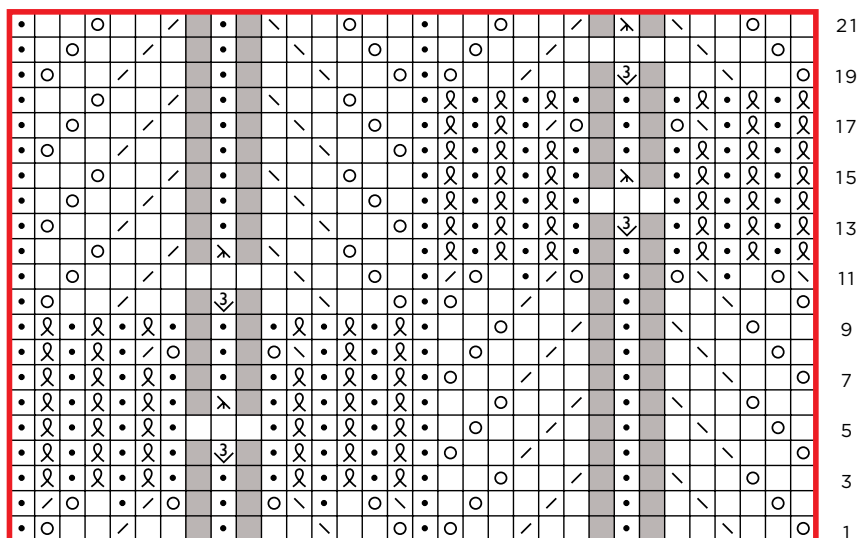
**SHORT-ROW 2** Sl 1, p3, p2tog, p1, turn.

**SHORT-ROW 3** Sl 1, knit to 1 st before gap created on previous row, ssk, k1, turn.

**SHORT-ROW 4** Sl 1, purl to 1 st before gap created on previous row, p2tog, p1, turn.

Rep Short-rows 3 and 4 six more times—20 heel sts rem.

## LEG



## SHAPE GUSSET

**NEXT RND** With an empty needle (Needle 1), k20 heel sts, pick up and knit 17 sts along edge of heel flap; work Row 1 of Instep chart (Needles 2 and 3); with another needle (Needle 4), pick up and knit 17 sts along edge of heel flap, k10 from Needle 1—97 sts total; 27 sts each on Needles 1 and 4, 22 sts on Needle 2, 21 sts on Needle 3.

Work 2 rnds in patt as established (knit sts on Needles 1 and 4; work next row of Instep chart on Needles 2 and 3).

**NEXT RND** (dec rnd) **NEEDLE 1** Knit to last 3 sts, k2tog, k1; **NEEDLES 2 AND 3** Work next row of Instep chart; **NEEDLE 4** K1, ssk, knit to end—2 sts dec'd.

Rep last 3 rnds 9 more times—77 sts rem;  
17 sts each on Needles 1 and 4, 22 sts on  
Needle 2, 21 sts on Needle 3.

FOOT

Work even in patt as established until foot measures 7¼ (7½, 8)" (18.5 [19, 20.5] cm) from back of heel.

TOE

**NEXT RND** **NEEDLE 1** Knit; **NEEDLE 2** K1, sl last st worked to Needle 1, knit to end; **NEEDLE 3** Knit to last st, sl last st to Needle 4; **NEEDLE 4** Knit to end—18 sts each on Needles 1 and 4, 21 sts on Needle 2, 20 sts on Needle 3.

**NEXT RND** (dec rnd) **NEEDLE 1** K3,  
k2tog, k7, k2tog, k4; **NEEDLE 2** \*K2tog,  
k2; rep from \* 4 more times, k1; **NEEDLE 3**  
\*K3, k2tog; rep from \* 3 more times;  
**NEEDLE 4** K3, k2tog, k7, k2tog, k4—64 sts  
rem.

**NEXT RND** (dec rnd) **NEEDLES 1 AND 3**  
Knit to last 3 sts, k2tog, k1; **NEEDLES 2**  
**AND 4** K1, ssk, knit to end—4 sts dec'd.

Rep dec rnd every 4th rnd once more,  
every 3rd rnd 3 times, every 2nd rnd 4  
times, then every rnd 5 times—8 sts rem.

## FINISHING

Knit sts of Needle 1. Sl sts from Needle 4 onto Needle 1 and from Needle 3 onto Needle 2. Cut yarn, leaving a 24" (61 cm) tail. With tail threaded on a tapestry needle, use Kitchener st (see Glossary) to graft rem sts tog. Weave in loose ends.



## INSTEP

[illegible]