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Make a Knit Vest:

**5 FREE**

# Knitted Vest Patterns

*from*  
knittingdaily



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**1** Valkyrie Vest  
Lisa Shroyer

**2** Robert's Houndstooth Vest  
Marilyn Murphy

**3** Classic Camel Vest  
Tara Jon Manning

**4** Shadowy Vest  
Marilyn Murphy

**5** Eco Vest  
Katie Himmelberg

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# Make a Knit Vest:

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## Knitted Vest Patterns

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Vests are a wonderful addition to everyone’s wardrobe. They’re perfect for early spring and fall, when you just want a little layer over your T-shirt.

Here are five free knitted vest patterns for you!

**Valkyrie Vest:** Lisa Shroyer’s vest is so stylish and unique. The cable work is interesting and fun to work, and the vest is designed for worsted-weight yarn, so the yarn choice is almost endless.

**Robert’s Houndstooth Vest:** Marilyn Murphy’s man’s vest is a V-neck worked in a houndstooth pattern with two colors. It’s knit in one piece, so there aren’t a lot of seams to deal with, either. This vest can work in the office or in the field.

**Classic Camel Vest:** Tara Jon Manning’s vest will never go out of style. Knit at a gauge of 5 stitches per inch, it has a wonderful drape for casual or corporate style. The man in your life will get a lot of wear out of this one!

**Shadowy Vest:** Marilyn Murphy created this vest for kids, and she used a really fun stitch pattern: the Shadow Stripe Pattern. This stitch combines a multicolored yarn with a solid, so you can use many of your little one’s favorite colors.

**Eco Vest:** Katie Himmelman’s cardigan vest is a real treat to knit and to wear. Knit on size 10½ needles, it’s a quick knit that you’ll wear again and again.

We hope these patterns will help you welcome the vest to your wardrobe!

Have fun,



Kathleen Cubley  
Editor, *KnittingDaily.com*

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MAKE A KNIT VEST:  
5 FREE KNITTED VEST PATTERNS  
FROM KNITTING DAILY

*A Knitting Daily eBook edited by  
Kathleen Cubley*

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# Valkyrie Vest

design by Lisa Shroyer

Originally published in *Interweave Knits Weekend*, 2009



Kathryn Martin

*"This is my perfect weekend sweater: It's escapism knitting at its best, with fun stitch patterns in a big gauge that knits up quickly. I was inspired by the yarn: It's a plump plied wool that makes cables pop. A vertical panel seemed boring, so I started traveling the cables out and achieved a winged effect. Hence, the Valkyrie Vest." —Lisa Shroyer*

**Finished Size:** 27 (31½, 36, 40½)" bust circumference and 42 (46½, 51, 55½)" hip circumference. Vest shown measures 31½" bust, modeled with about 10½" negative ease at bust and some positive ease at hip (see Notes about sizing).

**Yarn:** Lion Brand LB Collection Organic Wool (100% wool; 185 yd [169 m]/100 g): #134 avocado, 4 (4, 5, 6) skeins.

**Needles:** Sizes 8 (5 mm) and 9 (5.5 mm): 24" circular (cir). Adjust needle size if necessary to obtain the correct gauge.

**Notions:** Markers (m); cable needle (cn); stitch holders; tapestry needle.

**Gauge:** 14 sts and 22 rows = 4" in St st on larger needle; 25 sts of charted panel = 5" wide on larger needle; 24 sts and 24 rows = 4" in shifting cables patt on larger needle.

**Skill Level:** Intermediate.

## Notes

- This garment is designed to be worn with negative ease at the bust and positive ease over the belly and hips. The bust size is relevant, but the hip/hem measurement is just as important for choosing a size; the deep neckline can adjust for up to 10" of negative ease across the bust. The sizes are intended for women with about 37 (41, 46, 49)" actual bust measurement and 38 (42, 47, 51)" actual hip measurement. Smaller women can wear the size 27" for a looser, more casual look.
- When working shifting cables charts, keep center three purl stitches aligned from row to row.

Make a Knit Vest: 5 Free Knitted Vest Patterns from KnittingDaily

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## Back

With smaller needle, CO 81 (89, 97, 105) sts. Do not join. Work Rows 1 and 2 of Rib chart once, then work Rows 3 and 4 of chart 6 times, working reps and placing markers (pm) as indicated on chart. Change to larger needle.

**Next row:** (RS) Work in St st to m, work Row 1 of Cable chart to m, work in St st to end. Cont in patt until piece measures 9" from CO, ending with a WS row.

**Shape sides:** Note: Cables shift before side shaping is complete; read through the foll sections before proceeding. **Dec row:** (RS) K2, ssk, work in patt to last 4 sts, k2tog, k2—2 sts dec'd. Rep Dec row every 8th row 4 more times—71 (79, 87, 95) sts rem.

**At the same time,** when Rows 1–6 of chart have been worked 9 times, change to Back Shifting Cables chart for your size. Work Rows 1–8 of chart between m. Move first chart m 8 sts to the right, and move last chart m 8 sts to the left—41 sts between m. Work Rows 9–16 of chart between m. Move m as before—57 sts between m. Work Rows 9–12 of chart between m. **Shape armholes:** Cont in patt, BO 5 sts at beg of next 2 rows—61 (69, 77, 85) sts rem. **Next row:** (RS) Sl 1 pwise with yarn in back (wyb), p1, knit to m, work Row 15 of chart to m, knit to last 2 sts, p1, k1. **Next row:** (WS) Sl 1 pwise with yarn in front (wyf), k1, purl to m, work Row 16 of chart to m, purl to last 2 sts, k1, p1. Move first chart m 0 (4, 8, 8) sts to the right and last chart m 0 (4, 8, 8) sts to the left—57 (65, 73, 73) sts between m. Work Rows 9–16 (17–24, 9–16, 9–16) of chart between m. Move first chart m 0 (0, 0, 4) sts to the right and last chart m 0 (0, 0, 4) sts to the left—57 (65, 73, 81) sts between m. Work Rows 9–30 (17–42, 9–38, 17–50) of chart between m. **Shape back neck:** (RS) Sl 1 pwise wyb, p1, work 19 sts according to Row 7 of Right Back chart, pm, k1 (5, 9, 13), BO center 17 sts, knit to last 21 sts, pm, work 19 sts according to Row 7 of Left Back chart, p1, k1—22 (26, 30, 34) sts rem each side. Place right-back sts on holder. **Left back:** **Next row:** (WS) Sl 1, k1, work Row 8 of Left Back chart to m, purl to end. With RS facing, move chart m 8 sts to the left—11 sts between m. **Next row:** (RS) Sl 1 pwise wyb, k1, ssk, knit



Kathryn Martin

to m, work Row 1 of chart to last 2 sts, p1, k1—21 (25, 29, 33) sts rem. Work even in patt through last row of chart. Place sts on holder.

**Right back:** With WS facing, join yarn. **Next row:** (WS) Purl to m, work Row 8 of Right Back chart to m, k1, p1. With RS facing, move chart m 8 sts to the right—11 sts between m. **Next row:** (RS) Sl 1, p1, work Row 1 of chart to m, knit to last 4 sts, k2tog, k2—21 (25, 29, 33) sts rem. Work even in patt through last row of chart. Place sts on holder.

## Front

Work as for back to end of Cable chart. Cont with side shaping, work Rows 1–8 of Front Shifting Cables chart for your size between m. Move first chart m 8 sts to the right, and move last chart

m 8 sts to the left—41 sts between m. **Divide for neck:** Mark center st. Working Row 9 of chart, work in patt to 1 st before center st, CO 1 st using the backward-loop method (see Glossary), turn. Place right-front sts on holder. **Left front:** (WS) Work Row 10 of chart to m, purl to end. **Next row:** (RS) Cont in patt, working Row 11 of chart. With RS facing, move chart m 1 st to the right—21 sts between m and end of row. Work 2 more rows in patt. With RS facing, move chart m 1 st to the right—21 sts between m and end of row. Cont in patt through Row 16 of chart. With RS facing, move chart m 6 (8, 8, 8) sts to the right—27 (29, 29, 29) sts between m and end of row. Work Rows 17–20 of chart between m and end of row. **Shape armhole:** Cont in patt, BO 5 sts at beg of next row—29 (33, 37, 41) sts rem. **Next row:** (WS) Work in patt to last 2 sts, k1, p1. **Next row:** (RS) Sl 1 wyb, p1, work in patt to end of row. Cont in patt through Row 24 of chart. With RS facing, move chart m 0 (2, 6, 8) sts to the right—27 (31, 35, 37) sts between m and end of row. Work Rows 17–24 (25–32, 25–32, 17–24) of chart between m and end of row. With RS facing, move chart m 0 (0, 0, 2) sts to the right—27 (31, 35, 39) sts between m and end of row. Work Rows 17–42 (25–50, 25–50, 25–50) of chart between m and end of row—21 (25, 29, 33) sts rem. **Next row:** (RS) Sl 1 pwise wyb, p1, work Row 5 (1, 5, 1) of Left Front chart over 11 (11, 19, 19) sts, pm, work in St st to

last 2 sts, p1, k1. Cont in patt, working chart between m, through Row 8 of chart.

**Sizes 36 (40½)" only:**

With RS facing, move left chart m 8 sts to the right—11 sts between m. Cont in patt, work Rows 1–8 of chart once.

**All sizes:**

Place sts on holder. *Right front:* With RS facing, join yarn. Working Row 9 of chart (beg at center of chart), work in patt to end. *Next row:* (WS) Purl to m, work Row 10 of chart to end. *Next row:* (RS) Cont in patt, working Row 11 of chart. With RS facing, move chart m 1 st to the left—21 sts between beg of row and m. Work 2 more rows in patt. With RS facing, move chart m 1 st to the left—21 sts between beg of row and m. Cont in patt through Row 16 of chart. With RS facing, move chart m 6 (8, 8, 8) sts to the left—27 (29, 29, 29) sts between beg of row and m. Work Rows 17–21 of chart between beg of row and m. **Shape armhole:** Cont in patt, BO 5 sts at beg of next row—29 (33, 37, 41) sts rem. *Next row:* (RS) Work in patt to last 2 sts, p1, k1. *Next row:* (WS) Sl 1 wyf, k1, work in patt to end of row. With RS facing, move chart m 0 (2, 6, 8) sts to the left—27 (31, 35, 37) sts between beg of row and m. Work Rows 17–24 (25–32, 25–32, 17–24) of chart between beg of row and m. With RS facing, move chart m 0 (0, 0, 2) sts to the left—27 (31, 35, 39) sts between beg of row and m. Work Rows 17–42 (25–50, 25–50, 25–50) of chart between beg of row and m—21 (25, 29, 33) sts rem. *Next row:* (RS) Sl 1 pwise wyb, p1, work in St st to last 13 (13, 21, 21) sts, pm, work Row 5 (1, 5, 1)

of Right Front chart over 11 (11, 19, 19) sts, p1, k1. Cont in patt, working chart between m, through Row 8 of chart.

**Sizes 36 (40½)" only:**

With RS facing, move right chart m 8 sts to the left—11 sts between m. Cont in patt, work Rows 1–8 of chart once.

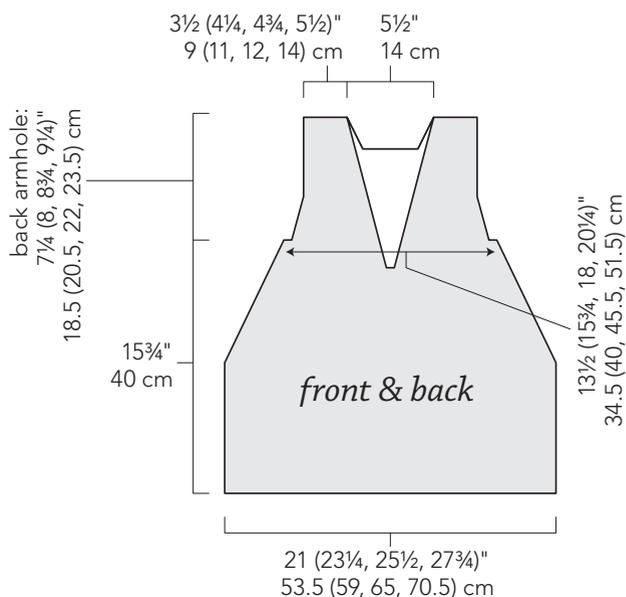
**All sizes:**

Place sts on holder.

**Finishing**

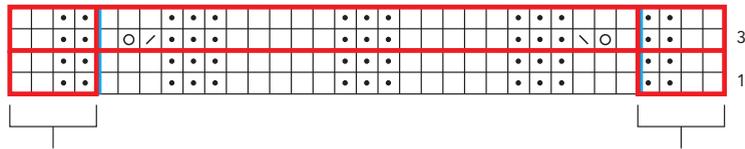
Block pieces as desired. With RS tog and larger needle, join shoulders using three-needle BO (see Glossary). Sew side seams. **Neck edging:** With smaller cir needle, RS facing, and beg at center back neck, pick up and knit 1 st for every BO or slipped st around entire neck edge, picking up 1 st at bottom of V-neck—80 (84, 88, 92) sts total. Do not join. With WS facing, BO all sts kwise. Use yarn tail to join short seam in edging at center-back neck. **Armhole edging:** With smaller cir needle, RS facing, and beg at center of underarm, pick up and knit 1 st for each BO or slipped st around entire armhole, picking up 1 st in shoulder seam—52 (56, 60, 64) sts total. Do not join. With WS facing, BO all sts kwise. Use yarn tail to sew short seam in edging at underarm. Weave in loose ends. □

LISA SHROYER is the editor of *Knitscene*. She lives in North Carolina, where wool vests are extremely practical.



 k on RS; p on WS	 ssk	 pattern repeat
 p on RS; k on WS	 sl 1 wyb on RS; sl 1 wyf on WS	 marker position
 yo	 no stitch	 sl 2 sts onto cn, hold in back, k3, k2 from cn
 k2tog	 cast on 1 st	 sl 3 sts onto cn, hold in front, k2, k3 from cn

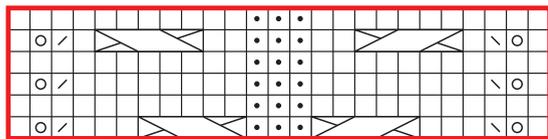
*Rib*



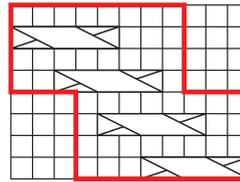
work 7 (8, 9, 10) times

work 7 (8, 9, 10) times

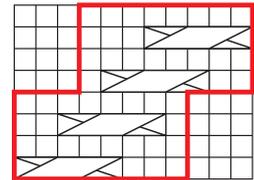
*Cable*



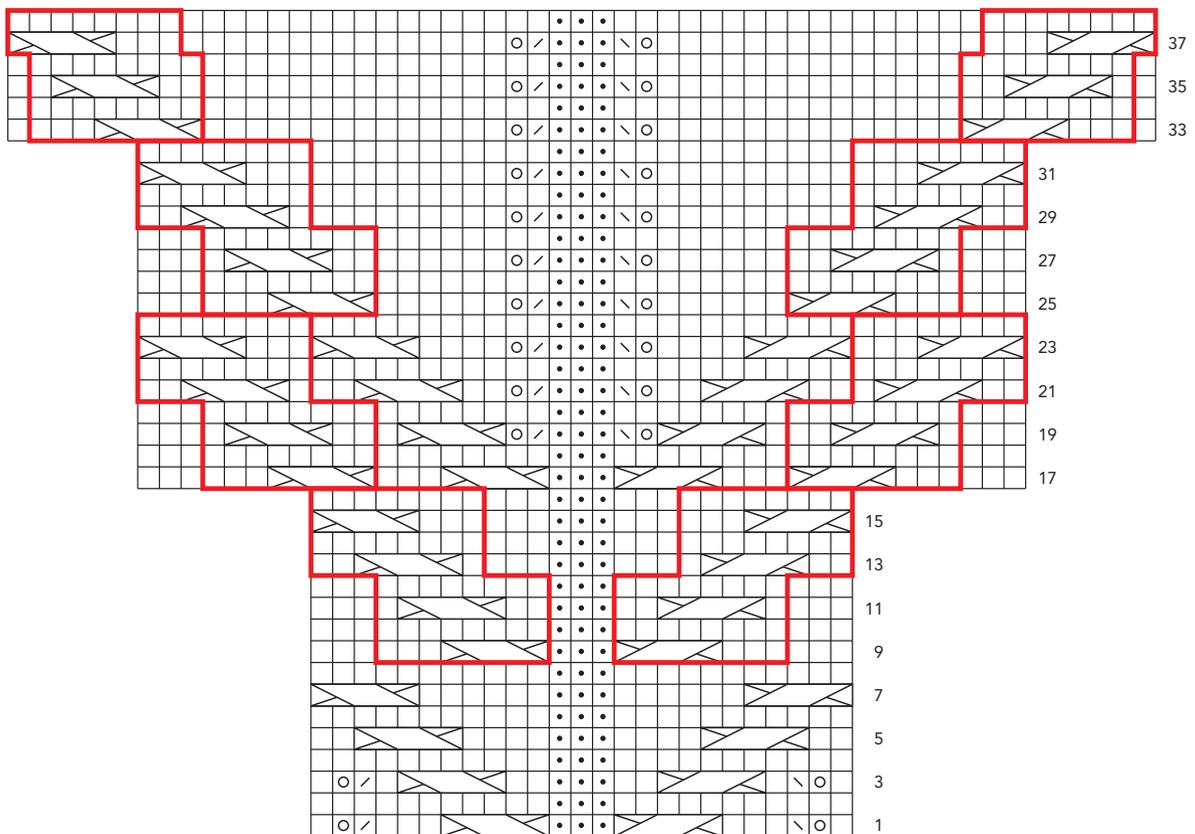
*Left Back/Right Front*



*Right Back/Left Front*

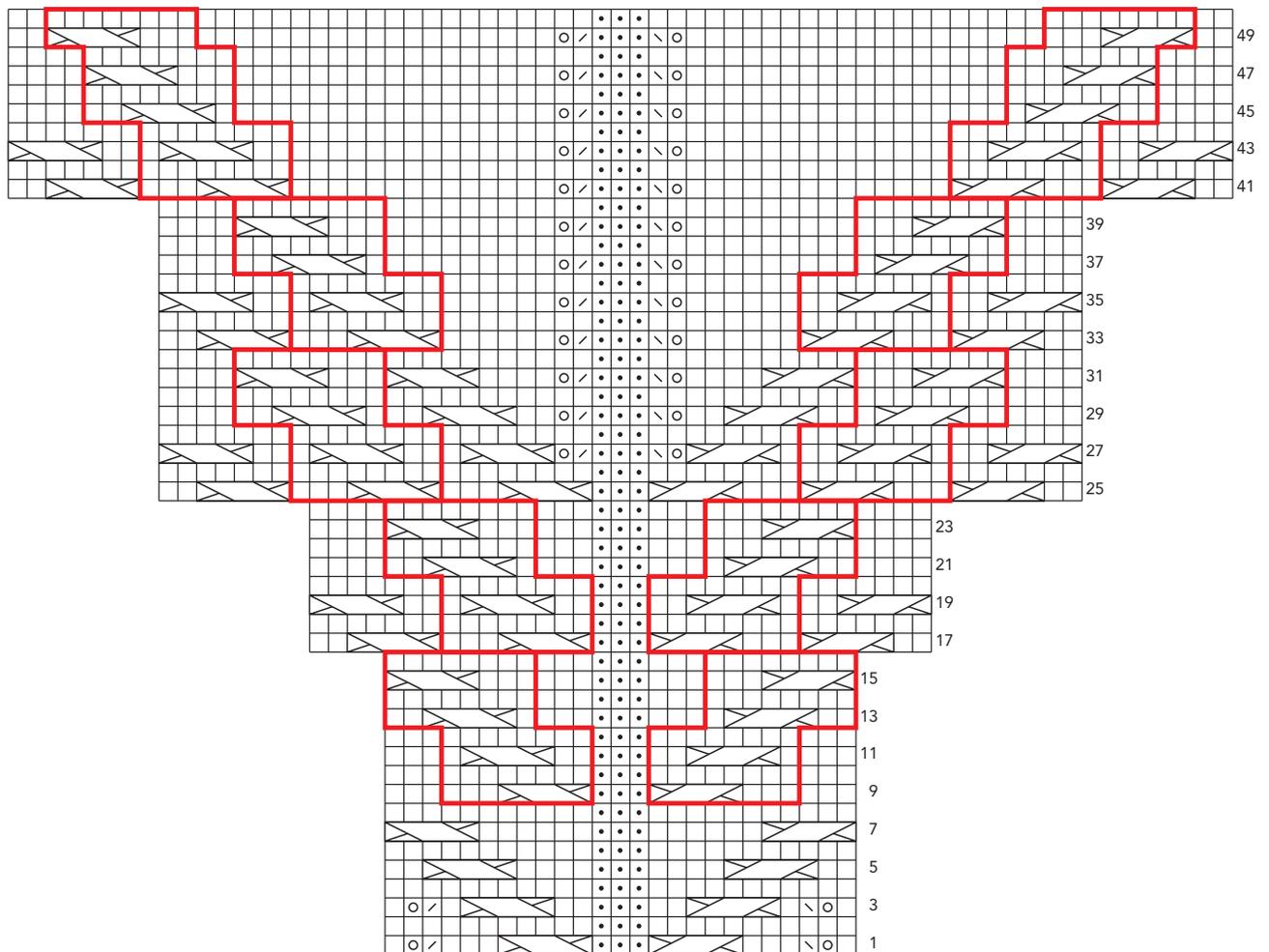


*Back Shifting Cables, size 27", 36"*



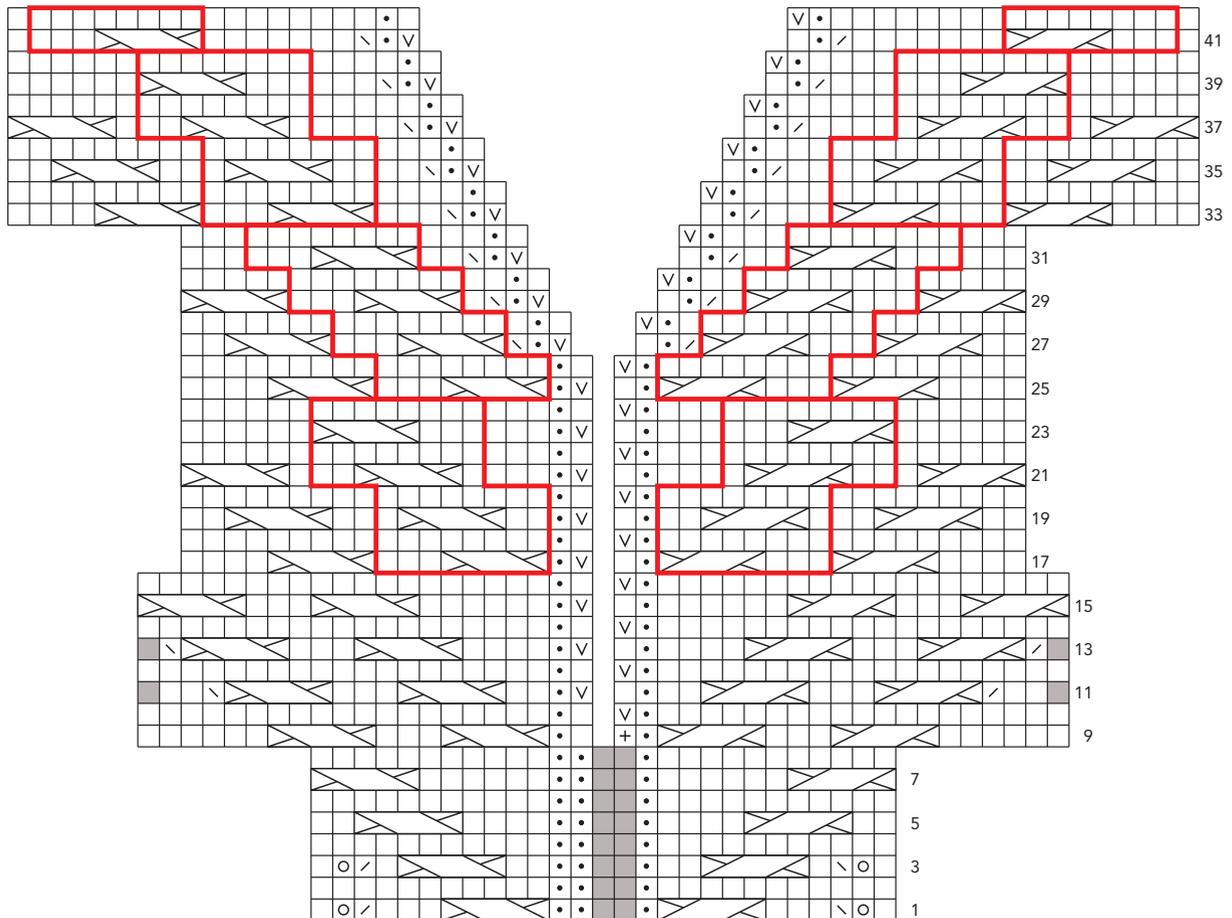
 k on RS; p on WS	 ssk	 pattern repeat
 p on RS; k on WS	 sl 1 wyb on RS; sl 1 wyf on WS	 marker position
 yo	 no stitch	 sl 2 sts onto cn, hold in back, k3, k2 from cn
 k2tog	 cast on 1 st	 sl 3 sts onto cn, hold in front, k2, k3 from cn

Back Shifting Cables, size 31½", 40½"



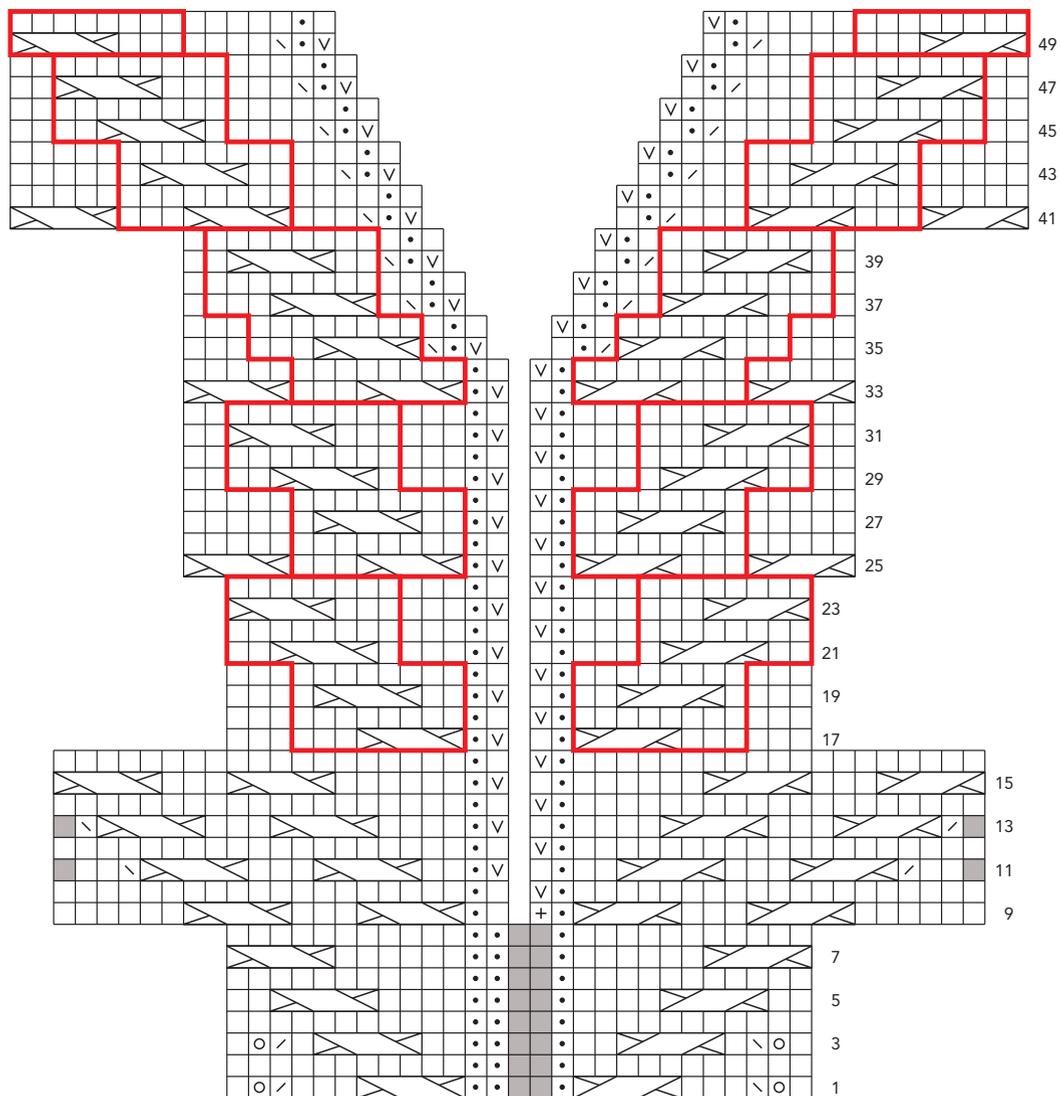
 k on RS; p on WS	 ssk	 pattern repeat
 p on RS; k on WS	 sl 1 wyb on RS; sl 1 wyf on WS	 marker position
 yo	 no stitch	 sl 2 sts onto cn, hold in back, k3, k2 from cn
 k2tog	 cast on 1 st	 sl 3 sts onto cn, hold in front, k2, k3 from cn

Front Shifting Cables, size 27"



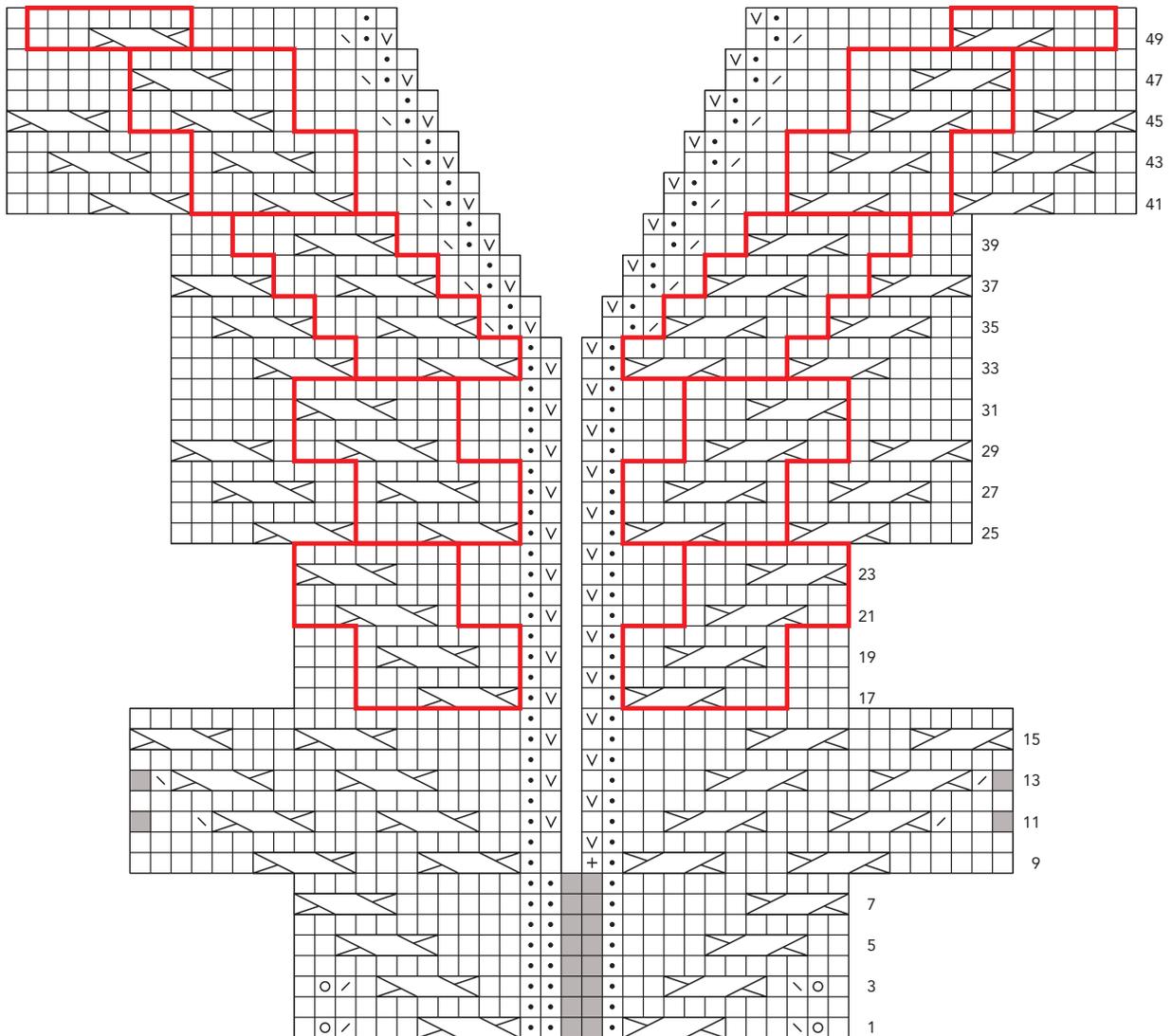
 k on RS; p on WS	 ssk	 pattern repeat
 p on RS; k on WS	 sl 1 wyb on RS; sl 1 wyf on WS	 marker position
 yo	 no stitch	 sl 2 sts onto cn, hold in back, k3, k2 from cn
 k2tog	 cast on 1 st	 sl 3 sts onto cn, hold in front, k2, k3 from cn

Front Shifting Cables, size 31½", 40½"



 k on RS; p on WS	 ssk	 pattern repeat
 p on RS; k on WS	 sl 1 wyb on RS; sl 1 wyf on WS	 marker position
 yo	 no stitch	 sl 2 sts onto cn, hold in back, k3, k2 from cn
 k2tog	 cast on 1 st	 sl 3 sts onto cn, hold in front, k2, k3 from cn

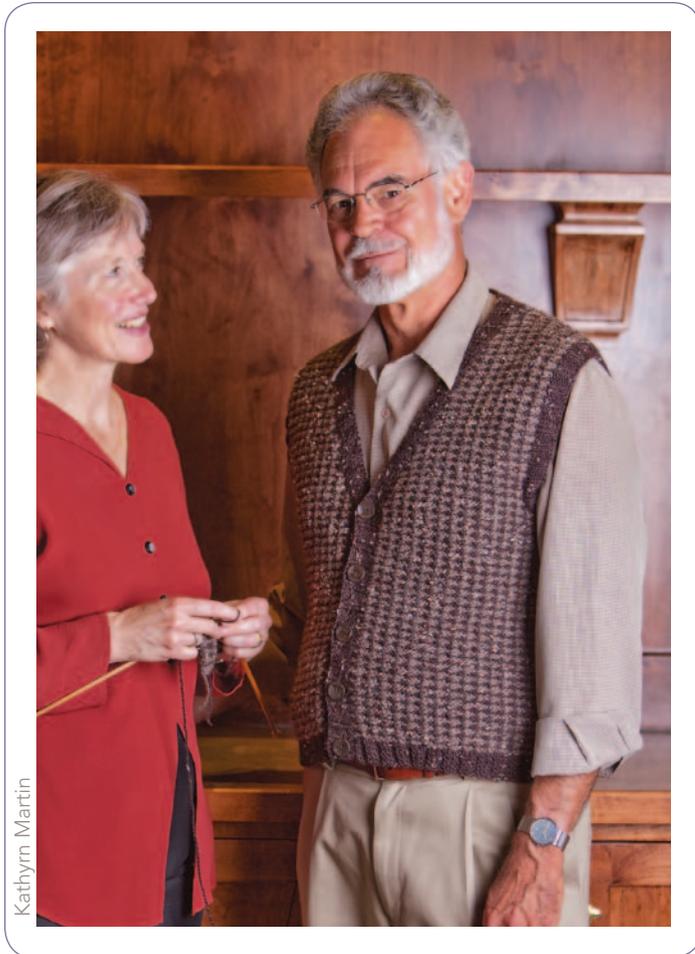
Front Shifting Cables, size 36"



# Robert's Houndstooth Vest

design by Marilyn Murphy

Originally published in *Interweave Knits Weekend*, 2009



Kathryn Martin

*"My husband, Robert, doesn't wear sweaters. But vests—that's another story. This one was designed around the yarn, the stitch pattern, and what Robert will wear. The stitches I choose for knitting always tend toward texture and a woven look. I can't help it—it's the weaver in me—even when I'm knitting, the pattern looks woven."* —Marilyn Murphy

**Finished Size:** 41½ (43½, 45½, 46¾, 49½)" chest circumference, buttoned. Vest shown measures 46¾".

**Yarn:** Naturally Tussock Aran 10 Ply (85% wool, 15% polyester; 175 yd [160 m])/100 g): #180 dark brown (A), 3 (3, 3, 4, 4) balls; #162 light brown (B), 2 balls. Yarn distributed by Fiber Trends.

**Needles:** Body—size 8 (5 mm): 29" circular (cir). Armhole ribbing—size 7 (4.5 mm): 16" cir. Bands—size 7 (4.5 mm): 40" cir. Adjust needle size if necessary to obtain the correct gauge.

**Notions:** Tapestry needle; stitch holders; five ⅞" buttons.

**Gauge:** 18 sts and 36 rows = 4" in houndstooth patt on larger needle.

**Skill Level:** Intermediate.

## Stitch Guide

**Twisted 2x2 Rib in Rows:** (multiple of 4 sts + 2)

**Note:** Tbl stands for "through back loop."

Row 1: \*[K1tbl] 2 times, p2; rep from \*, end [k1tbl] 2 times.

Row 2: \*P2, [k1tbl] 2 times; rep from \*, end p2. Rep Rows 1–2 for patt.

**Twisted 2x2 Rib in Rnds:** (multiple of 4 sts)

Rnd 1: \*[K1tbl] 2 times, p2; rep from \* around. Rep Rnd 1 for patt.

**Houndstooth Pattern:** (multiple of 3 sts + 2 edge sts)

**Note:** Sl all sts pwise with yarn in back (wyb).

Row 1: (RS) With B, k1 (edge st; keep in garter st), k1, \*sl 1, k2; rep from \* to last 3 sts, sl 1, k1, k1 (edge st).

Row 2: Knit.

Row 3: With A, k1, \*sl 1, k2; rep from \* to last st, k1.

Row 4: Knit.

Rep Rows 1–4 for patt.

Make a Knit Vest: 5 Free Knitted Vest Patterns from KnittingDaily

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## Body

With smaller, longer cir needle and A, CO 182 (190, 198, 206, 218) sts. Do not join. Work in twisted 2×2 rib in rows (see Stitch Guide) for 1¾", inc 0 (1, 2, 0, 0) st(s) evenly on last WS row—182 (191, 200, 206, 218) sts. Change to larger cir needle. Join B and work Row 1 of houndstooth patt (see Stitch Guide) as foll: Work 44 (47, 50, 53, 56) sts, place marker (pm), work 94 (97, 100, 100, 106) sts, pm, work in patt to end—44 (47, 50, 53, 56) marked sts each side for fronts. Cont in patt, maintaining edge sts, until piece measures 13, (13, 13, 14, 14)" from CO, ending with a WS row.

**Divide for armholes:** (RS) Work 44 (47, 50, 53, 56) right-front sts, place sts on holder. Place 44 (47, 50, 53, 56) left-front sts on separate holder. Cont working on 94 (97, 100, 100, 106) back sts only. **Shape armholes:** (RS) Cont in patt, BO 4 (5, 5, 4, 5) sts at beg of next 2 rows, 3 sts at beg of foll 2 rows, then 2 sts at beg of foll 2 rows. Dec 1 st each end every RS row 5 (5, 5, 5, 6) times—66 (67, 70, 72, 74) sts rem. Work even in patt until armholes measure 10 (10½, 11, 11½, 12)".

**Shape shoulders:** BO 6 (6, 6, 7, 7) sts at beg of next 4 rows, then 6 (6, 6, 6, 8) sts at beg of foll 2 rows—30 (31, 30, 32, 30) sts rem. Place sts on holder for back neck.

## Right Front

With WS facing, place 44 (47, 50, 53, 56) held right-front sts on larger cir needle. Cont in patt as established, join yarn at armhole edge and shape armhole and neck as foll: At armhole edge, BO 4 (5, 5, 4, 5) sts once, 3 sts once, then 2 sts once. Then dec 1 st at armhole edge every RS row 5 (5, 5, 5, 6) times—14 (15, 15, 14, 16) sts total removed at armhole. *At the same time*, when armhole measures ½ (¾, 1, 1½, 2)", beg neck shaping. At neck edge, dec 1 st every RS row 3 (5, 4, 6, 4) times, then every 4th row 9 (9, 11, 13, 14) times—18 (18, 20, 20, 22) sts rem for shoulders after all armhole and neck shaping. Work even in patt until armhole measures same as back to shoulder. Shape shoulder as for back.

## Left Front

With RS facing, place 44 (47, 50, 53, 56) held left-front sts on larger cir needle. Cont in patt as established, join yarn at armhole edge and beg armhole shaping on this first RS row. Work as for right front to end.



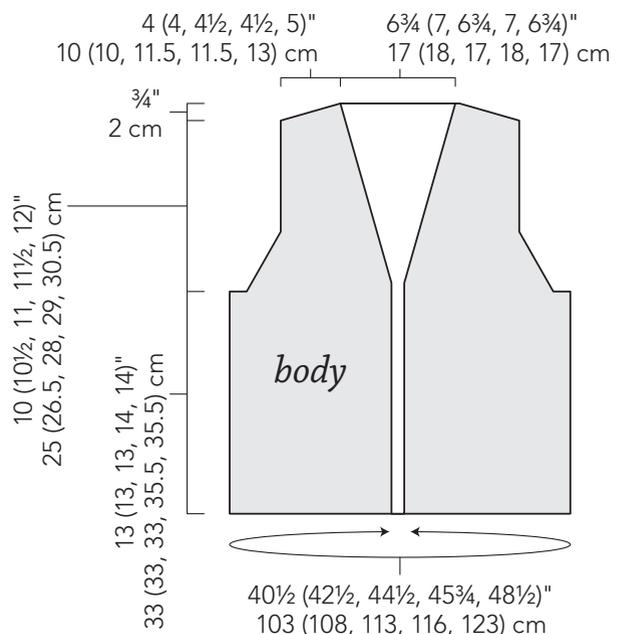
Kathryn Martin

## Finishing

Sew shoulder seams. On right front, mark placement for 5 buttons as foll: one ½" up from CO edge, one at beg of neck shaping, and the others evenly spaced in between. **Bands:** With smaller, longer cir needle, A, and RS facing, beg at bottom right front, pick up and knit 214 (218, 222, 234, 238) sts evenly up right front, across back neck, and down left front. Beg with WS Row 2 of twisted rib in rows, work until band measures ½" from pick-up, ending with a WS row. **Buttonhole row:** On left front, work 4-st one-row buttonhole (see Glossary) opposite each marked button placement. Cont in rib until band measures 1¼" from pick-up.

BO all sts. **Armbands:** With smaller, shorter cir needle, A, and RS facing, beg at underarm, pick up and knit 100 (104, 108, 112, 116) sts around armhole. Pm and join in the rnd. Work in twisted rib in rnds (see Stitch Guide) until band measures 1¼" from pick-up. BO all sts. Sew buttons opposite buttonholes. Weave in loose ends. Block to measurements. ☐

MARILYN MURPHY is the former Editorial Director of the Yarn Group at Interweave. She lives in Fort Collins, Colorado.



# Classic Camel Vest

designed by Tara Jon Manning

Originally published in *Men in Knits*, (Interweave, 2003)



Joe Coca

*As the name states, this one is never going out of style. The soft and supple vest is knitted in a luxurious natural color camel and merino blend, and it will appeal to both the Corporate/Traditionalist and the Young Professional/Modern Casual guy. Easy to knit in stockinette stitch with single cable accents up each side of the center front, this timeless classic is a good choice for many body types.*

**Finished Size:** Adult S (M, L, XL). 40 (43, 48, 52)" (101.5 [109, 122, 132] cm) finished chest. 24 (25, 26, 27)" (61 [63.5, 66, 68.5] cm) finished length. Vest shown in size M.

**Yarn:** Galler Yarns Sahara (50% camel, 50% Merino wool; 250 yds [229 m]/4 oz [114 g]): natural camel, 3 (4, 4, 5) skeins for vest;

**Needles:** Size 7 (4.5 mm): straight or 29" (70-cm) circular (circ). Size 5 (3.75 mm): straight or 29" (70-cm) circ. Size 6 (4 mm) 16" (40-cm) circ. Adjust needle size if necessary to obtain the correct gauge.

**Notions:** Stitch markers; stitch holders; darning needle; cable needle (cn); scissors; measuring tape; five  $\frac{3}{4}$ -inch (2-cm) buttons (shown: One World Button Supply, NPL 214-20 Coconut Husk 20 mm), crochet hook G (4.5 mm) for picking up stitches (optional).

**Gauge:** Using largest needles, 20 sts and 28 rows = 4" (10 cm) in Stockinette stitch (St st); 8-st cable patterns for vest measure  $1\frac{1}{8}$ " (2.9 cm) wide, relaxed. Using largest needles 15 sts = 2" (5 cm) in rib cable pattern for muffler. Check your gauge before you begin.

**Skill Level:** Advanced beginner.

## Back

With smallest straight or circ needles, CO 100 (108, 120, 130) sts. Work in k1, p1 rib for  $1\frac{1}{2}$ " (3.8 cm) or desired length for rib. Change to larger needles and work in St st until piece measures  $13\frac{1}{2}$ " (14, 15,  $15\frac{1}{2}$ )" (34.5 [35.5, 38, 39.5] cm) from beginning, ending with a WS row. **Armhole shaping:** BO 6 (7, 8, 9) sts at beg of next 2 rows—88 (94, 104, 112) sts remain. Beginning with the next RS row, dec 1 st each at each side every other row 5 (6, 7, 8) times—78 (82, 90, 96) sts. Work even in pattern until piece measures  $23\frac{1}{2}$ " (24 $\frac{1}{2}$ , 25 $\frac{1}{2}$ , 26 $\frac{1}{2}$ )" (59.5 [62, 65, 67.5] cm) from

Make a Knit Vest: 5 Free Knitted Vest Patterns from KnittingDaily

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beginning, ending with a WS row. **Shape back neck:** Work 20 (20, 23, 25) sts in pattern, join new ball of yarn, BO center 38 (42, 44, 46) sts, work in pattern to end. Working each side separately, work even in pattern until piece measures 24 (25, 26, 27)" (61 [63.5, 66, 68.5] cm) from beginning. Place 20 (20, 23, 25) sts for each shoulder on separate holders.

## Left Front

With smallest straight or circ needles, CO 50 (54, 60, 65) sts. Work in k1, p1 rib for 1½" (3.8 cm) or desired length for rib, ending with a RS row. Change to larger needles and establish patterns as follows: (WS) P3, place marker (pm), k2, p4, k2, pm, p39 (43, 49, 54). On the next row (RS), work 39 (43, 49, 54) sts in St st, slip marker (sl m), work 8 sts from Row 1 of left cable chart, sl m, work 3 sts in St st. Work even in patterns as established until piece measures 13½ (14, 15, 15½)" (34.5 [35.5, 38, 39.5] cm) from beginning, ending with a WS row. **Armhole shaping:** BO 6 (7, 8, 9) sts at beg of next RS row—44 (47, 52, 56) sts remain. Beginning with the next RS row, dec 1 st each at armhole edge (beginning of RS rows) every other row 5 (6, 7, 8) times—39 (41, 45, 48) sts. Work even in patterns until piece measures 16 (17, 18, 18½)" (40.5 [43, 45.5, 47] cm) from beginning, ending with a WS row. **Shape V neck:** On the next row (RS), work to last knit st before cable panel, ssp (last knit st and first purl st of cable panel; remove m the first time you work this decrease), work remaining 7 sts of left cable pattern, k3—1 st decreased. Work 1 WS row even. Repeat the last 2 rows 18 (20, 21, 22) more times, decreasing 1 st at beginning of cable panel on RS rows as given above—20 (20, 23, 25) sts. Work even if necessary until piece measures 24 (25, 26, 27)" (61 [63.5, 66, 68.5] cm) from beginning. Place sts on holder.

## Right Front

With smallest straight or circ needles, CO 50 (54, 60, 65) sts. Work in k1, p1 rib for 1½" (3.8 cm) or desired length for rib, ending with a RS row. Change to larger needles and establish patterns as follows: (WS) P39 (43, 49, 54), pm, k2, p4, k2, pm, p3. On the next row (RS), work 3 sts in St st, slip marker (sl m), work 8 sts from Row 1 of right cable chart, sl m, work 39 (43, 49, 54) sts in St st. Work even in patterns as established until piece measures 13½ (14, 15, 15½)" (34.5 [35.5, 38, 39.5] cm) from beginning, ending with a RS row. **Armhole shaping:** BO 6 (7, 8, 9) sts at beg of next WS

row—44 (47, 52, 56) sts remain. Beginning with the next RS row, dec 1 st each at armhole edge (end of RS rows) every other row 5 (6, 7, 8) times—39 (41, 45, 48) sts. Work even in patterns until piece measures 16 (17, 18, 18½)" (40.5 [43, 45.5, 47] cm) from beginning, ending with a WS row. **Shape V neck:** On the next row (RS), k3, work first 7 sts of cable panel, p2tog (last purl st of cable panel and first knit st after it; remove m the first time you work this decrease), work in St st to end—1 st decreased. Work 1 WS row even. Repeat the last 2 rows 18 (20, 21, 22) more times, decreasing 1 st at end of cable panel on RS rows as given above—20 (20, 23, 25) sts. Work even if necessary until piece measures 24 (25, 26, 27)" (61 [63.5, 66, 68.5] cm) from beginning. Place sts on holder.

## Front Band

Mark positions on left front for five evenly spaced buttonholes, the lowest located ½" (1.3 cm) up from bottom edge, and the highest ½" (1.3 cm) below the beginning of the V-neck shaping. With RS facing and using smallest circ needle, beginning at bottom edge of right front, pick up and knit 262 (278, 288, 300) sts around front opening as follows (using crochet hook for assistance, if desired): 71 (76, 80, 82) sts from bottom edge to beginning of V-neck shaping, 40 (40, 40, 43) sts from beginning of V-neck shaping to shoulder seam, 40 (46, 48, 50) sts across back neck, 40 (40, 40, 43) sts from left shoulder seam to beginning of V-neck shaping, 71 (76, 80, 82) sts from V-neck shaping to bottom edge. Work in k1, p1 rib for 2 rows. On the next row (WS), make five 2-row buttonholes as follows: \*Work in rib pattern to marked buttonhole position, BO 2 sts; repeat from \* 4 more times, work in rib pattern to end. On the next row (RS), CO 2 sts above each gap in the buttonhole row to complete buttonholes. Work 3 more rows. BO all sts loosely in rib pattern on next row. Weave in ends. Sew buttons to right front to correspond to buttonholes.

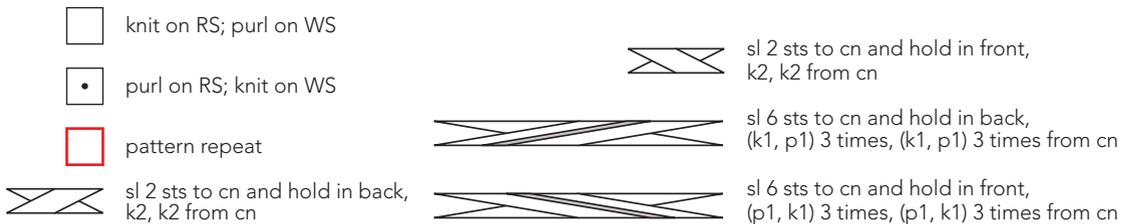
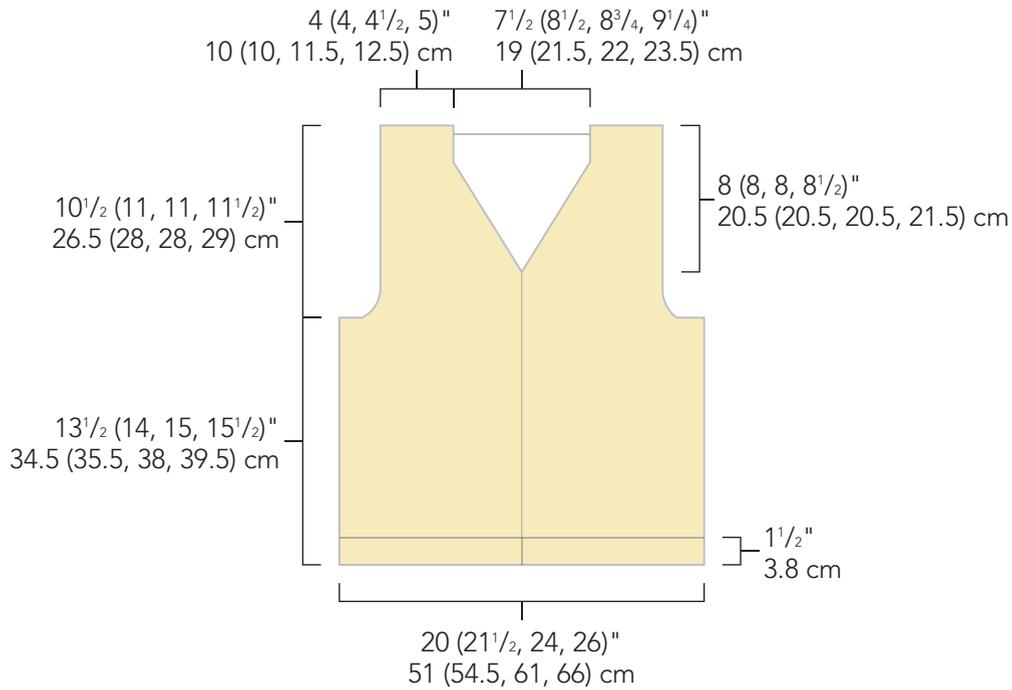
## Armhole Finishing

With RS facing and using medium-size 16" (40-cm) circ needle, beginning at underarm seam, pick up and knit 112 (118, 120, 126) sts evenly around armhole edge, (using crochet hook for assistance, if desired). Join for working in the round (rnd) and work in k1, p1 rib for ¾" (2 cm) or desired length. BO all sts loosely in rib on next rnd. Weave in ends. Repeat for other armhole.

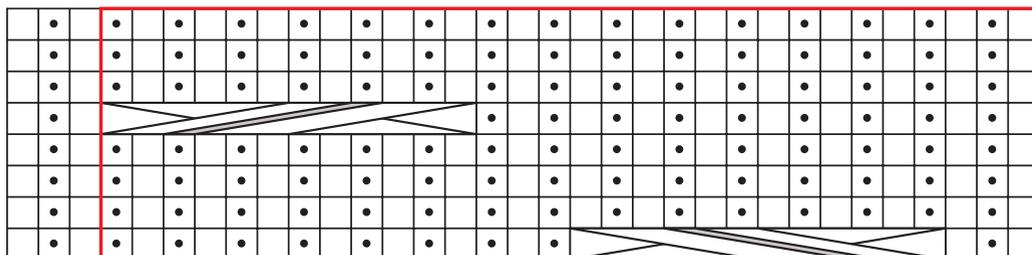
## Finishing

Matching right front and back shoulders, with right sides facing, join right shoulder using three-needle bind-off technique. Repeat for left shoulder. Lightly steam block only if needed. Sew side seams. Weave in ends. ☐

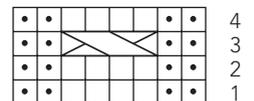
TARA JON MANNING is the author of five books about knitting, knitting and meditation, and knitting and natural/organic fibers.



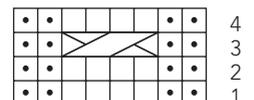
## Ribbed Cable



## Left Cable



## Right Cable



# Shadowy Vest

design by Marilyn Murphy

Originally published in *Interweave Knits Gifts*, Holiday 2008



Amanda Stevenson Lupke

**Finished Size:** 27 (29, 31, 34)" chest circumference, to fit ages 2–4 (4–6, 6–8, 8–10) years old. Vest shown measure 31".

**Yarn:** Fiesta Boomerang (100% superwash merino; 320 yd [293 m]/110 g): #3928 bright eyes (solid blue; A) and #39105 Amazon (multicolor; B), 1 skein each.

**Needles:** Body—size 8 (5 mm): 24" circular (cir). Neck and armhole trim—size 7 (4.5 mm): 16" cir. Adjust needle size if necessary to obtain the correct gauge.

**Notions:** Tapestry needle; stitch holders; stitch marker (m).

**Gauge:** 19 sts and 30 rows = 4" in patt on larger needle.

**Skill Level:** Advanced beginner.

## Stitch Guide

**Shadow Stripe Pattern in Rounds:** (multiple of 20 sts + 8 [0, 8, 0] sts).

*Rnd 1:* With A, knit.

*Rnd 2:* Cont with A, \*k10, p10; rep from \* around, ending k8 (0, 8, 0).

*Rnd 3:* With B, knit.

*Rnd 4:* Cont with B, \*p10, k10; rep from \* around, ending p8 (0, 8, 0).

Rep Rnds 1–4 for patt.

**Shadow Stripe Pattern in Rows:** (multiple of 20 sts)

*Row 1:* (RS) With A, knit.

*Row 2:* (WS) Cont with A, \*p10, k10; rep from \* to end.

*Row 3:* With B, knit.

*Row 4:* Cont with B, \*k10, p10; rep from \* to end.

Rep Rows 1–4 for patt.

## Notes

- This vest is worked in the round to the armholes. The multicolor yarn does not create any pooling of color until you start working back and forth after the armhole shaping for the back. To avoid this, work from two balls of yarn alternating between balls every other row.
- As stitch count changes, maintain lines of stitch pattern as established in body of vest.

Make a Knit Vest: 5 Free Knitted Vest Patterns from KnittingDaily

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## Body

With larger cir needle and A, CO 128 (140, 148, 160) sts. Place marker (pm) and join in the rnd. Work in garter st (knit 1 rnd, purl 1 rnd) for 1". Work in shadow stripe patt in rnds (see Stitch Guide) until piece measures 8 (9, 10½, 12)" from CO.

## Back

Place 64 (70, 74, 80) sts for front on a holder and cont working 64 (70, 74, 80) sts of back only. Maintaining patt, work shadow stripe patt in rows (see Stitch Guide) and shape armholes as foll: BO 4 (4, 4, 4) sts at beg of next 2 rows, then 3 (3, 3, 3) sts at beg of foll 2 rows. Dec 1 st each end of every RS row 1 (1, 1, 2) time(s)—48 (54, 58, 62) sts rem. Work even in patt until armholes measure 5½ (6, 7, 7½)". **Shape shoulders:** BO 6 (7, 7, 8) sts at beg of next 4 rows. BO rem 24 (26, 30, 30) sts for back neck.

## Front

Place 64 (70, 74, 80) held front sts on needle and join color as needed for patt with RS facing. Place removable marker at center (32 [35, 37, 40] sts each side of m). Maintaining patt as established on body, work shadow stripe in rows and shape armholes as for back. When armholes measure ½ (¾, 1, 1½)", end with a WS row and divide fronts as foll: (RS) Work to m, place sts just worked on holder. **Right front:** Cont in patt, including armhole shaping, dec 1 st at neck edge every RS row 11 (12, 12, 12) times, then every 4 rows 1 (1, 3, 3) time(s)—12 (14, 14, 16) sts rem after all shaping. Work even until armhole measures same as back to shoulder. **Shape shoulder:** At beg of WS rows, BO 6 (7, 7, 8) sts twice—no sts rem.

## Left Front

Place 32 (35, 37, 40) held left-front sts on needle. With WS facing and using color as needed for patt, join yarn and work neck shaping as for right front, while cont armhole shaping as established—12 (14, 14, 16) sts rem after all shaping. Work even until armhole measures same as back to shoulder. **Shape shoulder:** At beg



Amanda Stevenson Lupke

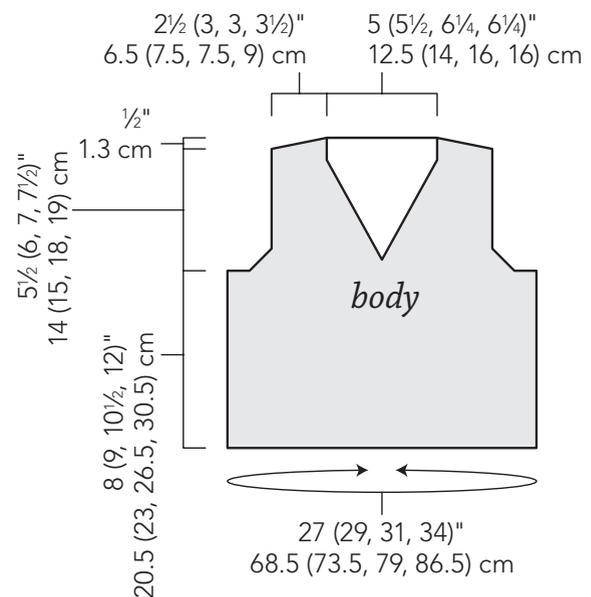
of RS rows, BO 6 (7, 7, 8) sts twice—no sts rem.

## Finishing

Sew shoulder seams. **Neckband:** With smaller cir needle and A, RS facing, and beg at shoulder seam, pick up and knit about 1 st for each BO st along back neck, 3 sts for every 4 rows down to center front neck, 1 st at base of V-neck, and about 3 sts for every 4 rows along front to shoulder. Join in the rnd. Work in garter st until band measures 1" from pick-up. BO all sts. **Armbands:** With smaller cir needle and A, RS facing, and beg at underarm, pick up and knit 3 sts for every 4 rows around armhole. Join in the

rnd. Work in garter st until band measures 1". BO all sts. Weave in loose ends. Block lightly. ☐

MARILYN MURPHY is the former Editorial Director of the Yarn Group at Interweave. She lives in Fort Collins, Colorado.



# Eco Vest

design by Katie Himmelberg

Originally published in *Knitting Green*, (Interweave, 2010)

*The eco in Eco Wool means that this yarn is neither dyed nor chemically processed, but instead of having the raw feeling of many minimally processed yarns, Eco Wool is surprisingly smooth and clean. Katie Himmelberg used this earth-friendly yarn to knit an unstructured vest that can transition from fall to spring. Katie knitted the vest in a single piece to the armholes, then worked the back and fronts separately to the shoulders. The shaping is achieved through cable stitches rather than increases and decreases.*

**Finished Size:** About 35 (42, 49)" (89 [106.5, 124.5] cm) bust circumference. Vest shown measures 35" (89 cm).

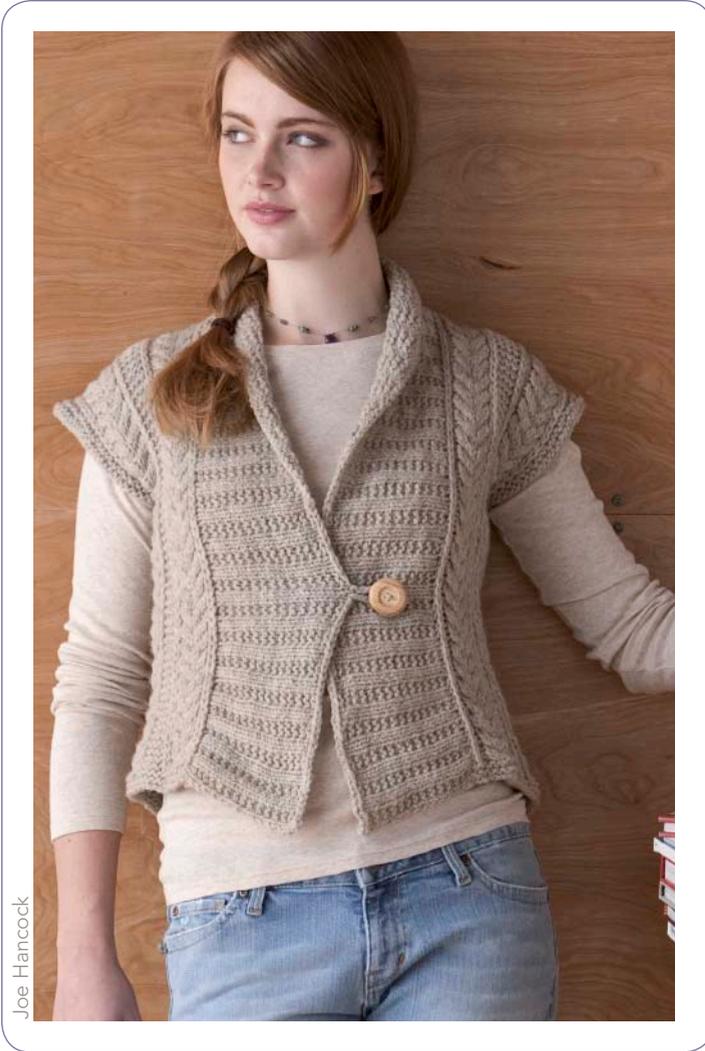
**Yarn:** Worsted weight (#4 Medium). Shown here: Cascade Eco Wool (100% wool; 478 yd [437 m]/250 g): #8015 oatmeal, 2 (2, 3) skeins.

**Needles:** Size U.S. 10½ (6.5 mm): 16" and 32" (40 and 80 cm) circular (cir). Adjust needle size if necessary to obtain the correct gauge.

**Notions:** Cable needle (cn); stitch holders or waste yarn; marker (m); tapestry needle, one 1⅜" (3.5 cm) button; size K/10½ (6.5 mm) crochet hook.

**Gauge:** 32 stitches and 32 rows (2 repeats wide and 8 repeats high) measure about 7" (18 cm) wide and 5¼" (13.5 cm) high in cable and garter pattern; 16 stitches and 24 rows = 4" (10 cm) in garter rib pattern.

**Skill Level:** Intermediate.



## Stitch Guide

**Cable and Garter Pattern** (multiple of 16 sts + 14)

*Set-up row:* (WS) K1, \*p1, k1, p8, k1, p1, k4; rep from \* to last 13 sts, p1, k1, p8, k1, p1, k1.

*Row 1:* (RS) K1, \*sl 1 as if to purl with yarn in back (pwise wyb), p1, sl 2 sts onto cn and hold in back, k2, k2 from cn, sl next 2 sts onto cn and hold in front, k2, k2 from cn, p1, sl 1, k4; rep from \* to last 13 sts, sl 1 pwise wyb, p1, sl 2 sts onto cn and hold in back, k2, k2 from cn, sl next 2 sts onto cn and hold in front, k2, k2 from cn, p1, sl 1 pwise wyb, k1.

*Rows 2 and 4:* (WS) K1, \*p1, k1, p8, k1, p1, k4; rep from \* to last 13 sts, p1, k1, p8, k1, p1, k1.

*Row 3:* K1, \*sl 1 pwise wyb, p1, k8, p1, sl 1 pwise wyb, k4; rep from \* to last 13 sts, sl 1 pwise wyb, p1, k8, p1, sl 1 pwise wyb, k1.

Repeat Rows 1–4 for pattern; do not rep the set-up row.

**Garter Rib** (multiple of 4 sts + 2)

*Row 1:* (WS) \*P2, k2; rep from \* to last 2 sts, p2.

*Row 2:* (RS) Knit.

Repeat Rows 1 and 2 for pattern.

## Note

- The lower body of the vest is worked back and forth in rows in one piece to the underarms, then the fronts and back are divided and worked separately to the shoulders.

## Lower Body

With longer cir needle, CO 124 (138, 152) sts. Do not join. Knit 4 rows, ending with a WS row.

*Inc row:* (RS) K1, \*sl 1 as if to purl with yarn in back (pwise wyb), p1, [k2, M1 (see Glossary)] 2 times, k2, p1, sl 1 pwise wyb, k4; rep from \* to last 11 sts, sl 1 pwise wyb, p1, [k2, M1] 2 times, k2, p1, sl 1 pwise wyb, k1—142 (158, 174) sts.

Beg with the WS Set-up row, work in Cable and Garter patt (see Stitch Guide) until piece measures about 12 (13, 14)" (30.5 [33, 35.5] cm) from CO, ending with Row 2 of patt.

*Dividing row:* (RS; Row 3 of patt) Work 31 right front sts in patt for all sizes, place next 80 (96, 112) sts on holder or waste yarn for back, then place rem 31 sts on separate holder for left front—31 right front sts rem on



needle. The fronts and back divide in the center of a 4-st garter panel at each underarm, leaving 2 garter selvedge sts at the armhole edge(s) of each piece.

## Right Front

Cont in established patt on 31 right front sts until armhole measures about 8 (8½, 9)" (20.5 [21.5, 23] cm), ending with Row 2 of patt.

*Next row:* (RS; Row 3 of patt) Cont in patt, working each 8-st cable panel as k1, k2tog, k2, k2tog, k1—2 sts dec'd from each of 2 cable panels; 27 sts rem for all sizes.

Place sts on holder or waste yarn.

## Back

Return 80 (96, 112) held back sts to needle and rejoin yarn with RS facing.

*Next row:* (RS; Row 3 of patt) K2, work to end in established patt, ending last rep with k2 instead of k4.

Cont in patt until armholes measure about 8 (8½, 9)" (20.5 [21.5, 23] cm), ending with Row 2 of patt.

*Next row:* (RS; Row 3 of patt) Cont in patt, working each 8-st cable panel as k1, k2tog, k2, k2tog, k1—2 sts dec'd from each of 5 (6, 7) cable panels; 70 (84, 98) sts rem.

Place sts on holder or waste yarn.

## Left Front

Return 31 held left front sts to needle and rejoin yarn with RS facing.

*Next row:* (RS; Row 3 of patt) K2, work to end in established patt.

Cont in patt until armhole measures about 8 (8½, 9)" (20.5 [21.5, 23] cm), ending with Row 2 of patt.

*Next row:* (RS; Row 3 of patt) Cont in patt, working each 8-st cable panel as k1, k2tog, k2, k2tog, k1—2 sts dec'd from each of 2 cable panels; 27 sts rem for all sizes.

Place sts on holder or waste yarn.

## Finishing

Block to measurements.

## Join Shoulders

Place right shoulder sts of back and front on separate cir needles. Hold needles tog with RS touching and WS facing outward. Using three-needle method (see Glossary) to join shoulder sts tog. Place held left shoulder sts on separate cir needles and join in the same manner—16

(30, 44) sts rem on holder at center back neck. With crochet hook and RS facing, rejoin yarn to back neck sts, and use slip-stitch crochet (see Glossary) to BO center back sts.

### Front Band

With RS facing, longer cir needle, and beg at lower right front CO edge, pick up and knit 79 (84, 91) sts long right front edge, 16 (30, 44) sts across back neck, and 79 (84, 91) sts along left front edge—174 (198, 226) sts total. Work in garter rib (see Stitch Guide) for about 4 (6, 8)" (10 [15, 20.5] cm), ending with a WS row. Loosely BO all sts on next RS row.

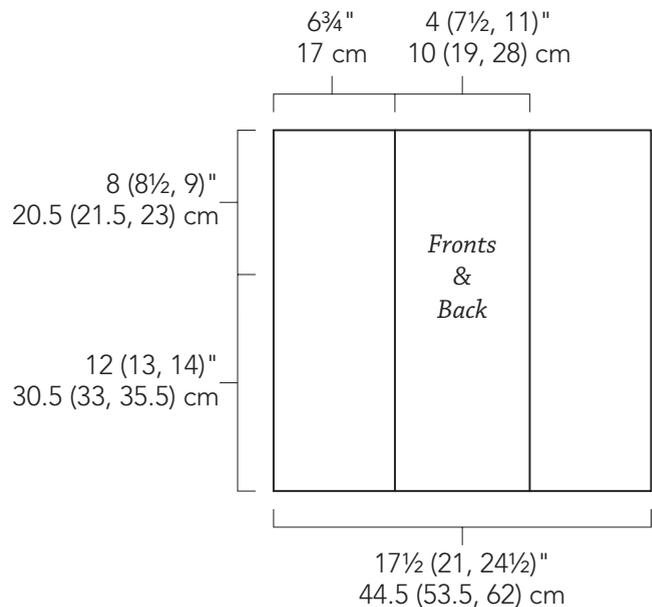
### Armhole Edgings

With RS facing, shorter cir needle, and beg at base of armhole, pick up and knit 60 (64, 68) sts evenly around armhole opening. Place marker (pm) and join for working in rnds. Purl 1 rnd, knit 1 rnd, purl 1 rnd. BO all sts loosely knitwise on next rnd. Rep for other armhole.

Try on vest with right front lapped over left and determine the most flattering position for button closure at about waist height. Mark the button position on the left front and the button loop position on the BO edge of right front band; for the vest shown, the button and loop are about 7" (18 cm) up from the CO edge and the button is 2" (5 cm) from the front band pick-up row. Sew button in place on left front. Join yarn to marked loop position on right front edge, work a crochet chain (see

Glossary) long enough to fit around button, join into a loop with a slip stitch in the base of the chain, then fasten off last st. Weave in loose ends. ☐

KATIE HIMMELBERG is the former assistant editor of *Interweave Knits* and style editor of *Knitscene* magazines. When she's not tending to her infant son, she knits, sews, makes jewelry, and cooks gourmet vegan meals.



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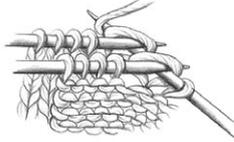
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# Glossary

## Three-Needle Bind-Off

Place stitches to be joined onto two separate needles. Hold them with right sides of knitting facing together. Insert a third needle into first stitch on each of the other two needles and knit them together as one stitch. \*Knit next stitch on each needle the same way. Pass first stitch over second stitch. Repeat from \* until one stitch remains on third needle. Cut yarn and pull tail through last stitch.



## 2 (3, 4, 5) Stitch One-Row Buttonhole

Work to where you want the buttonhole to begin, bring yarn to front, slip one purlwise, bring yarn to back (Figure 1). \*Slip one purlwise, pass first slipped stitch over second; repeat from \* one (two, three, four) more time(s). Place last stitch back on left needle (Figure 2), turn. Cast-on three (four, five, six) stitches as follows: \*Insert right needle between the first and second stitches on left needle, draw up a loop, and place it on the left needle (Figure 3); repeat from \* two (three, four, five) more times, turn. Bring yarn to back, slip first stitch off left needle onto right needle and pass last cast-on stitch over it (Figure 4), work to end of row.



Figure 1



Figure 2



Figure 3



Figure 4



## Crochet Chain (ch)

Make a slipknot on hook. Yarn over hook and draw it through loop of slipknot. Repeat, drawing yarn through the last loop formed.

## Slip Stitch Crochet (sl st)



Insert hook into stitch, yarn over hook and draw loop through stitch and loop on hook.

## Backward-Loop Cast-On

\*Loop working yarn and place it on needle backward so that it doesn't unwind. Repeat from \*.



## Raised (M1) Increases

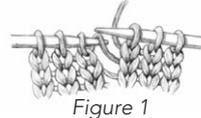


Figure 1

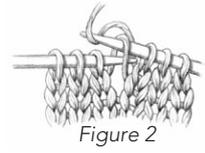


Figure 2

### Left Slant (M1L)

With left needle tip, lift strand between needles from front to back (Figure 1). Knit lifted loop through the back (Figure 2).

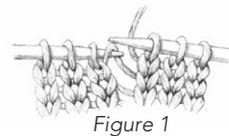


Figure 1

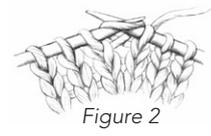


Figure 2

### Right Slant (M1R)

With left needle tip, lift strand between needles from back to front (Figure 1). Knit lifted loop through the front (Figure 2).

## Wraps Per Inch

If you substitute or spin a yarn for a project, you can compare the weight of the yarn to the project yarn by comparing wraps per inch. To do this, wrap your yarn around a ruler for one inch and count the number of wraps. If you have more wraps per inch, your yarn is too thin; fewer wraps per inch, your yarn is too thick.