

*Rnd 5:* \*(P1, k1tbl) 2x, CD, (k1tbl, p1) 2x, yo, k9, yo; rep from \* 6 times to end of rnd.

*Rnd 6:* \*P1, k1tbl, p1, CD, p1, k1tbl, p1, yo, k11, yo; rep from \* 6 times to end of rnd.

*Rnd 7:* \*P1, k1tbl, CD, k1tbl, p1, yo, k13, yo; rep from \* 6 times to end of rnd.

*Rnd 8:* \*P1, CD, p1, yo, k15, yo; rep from \* 6 times to end of rnd.

*Rnd 9:* Knit.

*Rnd 10:* Purl.

*Increase rnd:* (K6, M1) 20 times—140 sts.

Purl 1 rnd, knit 1 rnd, purl 1 rnd.

**Begin Pattern:** Follow chart 1 (Rnds 1–65 plus set-up rnd) across 70 sts for front of stocking, and repeating patt for other side. After completing Rnd 65, change to chart 2, working Rnds 1–34 of that chart. Cont to work the right and left side panels of chart 1 on either side of chart 2. When rep the right and left side patts, only work set-up rnd once, at the very beg of chart 1.

## HEEL

**Heel flap:** After the last rnd of chart 2 has been completed, break yarn. Put 26 sts from either side of marker on a dpn to work heel sts—52 sts. Leave the rem 88 sts of instep on

circular needle. Attach yarn and work heel in the following patt:

*Row 1:* K3, work the stitches as they appear on the needle, either ktbl or p, to the last 3 sts, k2, slip the last stitch with yarn in front as if to purl.

*Row 2:* K3, work the stitches as they appear on the needle, working the purl stitches as purl tbl and the knit stitches as knit. Work the last 3 sts as k2, slip last stitch with yarn in front as if to purl.

Work above 2 rows 34 times (17 sl sts on outer edges of heel flap).

### Turn heel:

*Row 1:* (RS) K26tbl to middle of row, k2tbl, sl 1, k1tbl, pssso, k1tbl.

*Row 2:* Sl 1, p5tbl, p2tog, p1tbl.

*Row 3:* Sl 1, k6tbl, sl 1, k1tbl, pssso, k1tbl.

*Row 4:* Sl 1, p7tbl, p2tog, p1tbl.

*Row 5:* Sl 1, k8tbl, sl 1, k1tbl, pssso, k1tbl.

Cont as above, working one more stitch before the dec on each row, until all sts are worked—28 sts remain.

## FOOT

**Gusset:** K13tbl, with new dpn CD, k12tbl the next 13 sts of heel. Using the same needle, pick up and knit 17 sts along the heel flap. With a new

**Sources:** The traditional Austrian designs were either taken directly or modified from *Bäuerliches Stricken*, by Lisl Fanderl (Rosenheimer, publisher); *Überlieferte Strickmuster aus dem Steirischen Ennstal*, by Maria Erlbach (Steiermärkisches Landesmuseum Joanneum Abteilung Schloss Trautenfels, publisher).

needle, work the instep sts off the circular needle as follows: Ktbl for knit sts, purl for purl sts. (This is the same thing you did with the heel—working the sts as they appear on the needle.) With a new needle, pick up and knit 17 sts along other side of heel flap—148 sts, and with the same needle, k13tbl of heel sts. All sts for the bottom of the foot are now worked as ktbl. The instep sts are kept in the established patt, except for the following:

The middle sts of the leg that ended with a right twist (sts #20 and #21 on chart 2) on the last rnd of chart 2 are kept in this pattern, that is, turning them to the right every other row.

Now work the following two rnds 6 times:

*Rnd 1:* On needle #1, ktbl to last 3 sts, k2tog, k1tbl. On needle #2, p1, p2tog, work in pattern to last 3 sts, p2tog, p1. On needle #3, k1tbl, ssk, ktbl to end of needle.

*Rnd 2:* Work even in established pattern.

48 foot sts and 76 instep sts rem. Now work the foot even but decrease the instep sts (needle #2 **only**) as follows:

*Rnd 1:* P2tog at beg and end of instep sts—74 instep sts rem.

*Rnd 2:* P1, work the 2 sts of the twist, p2tog, work to 2 sts before next

twist, p2tog, work the 2 sts of twist, p1—72 instep sts rem.

Work rnd 2 only six times—60 instep sts rem. Work even for 5 rnds. Continuing to work the foot sts even, work the following decreases on instep sts only:

*Rnds 1 and 2:* Work the first 5 sts, p2tog, work to 7 sts before end of instep sts, p2tog, work last 5 sts.

*Rnds 3, 4, and 5:* Work 7 sts, p2tog, work to 9 sts before end of instep sts, p2tog, work last 7 sts—50 instep sts rem.

#### ***Moving twists over instep sts:***

Continuing to work the sts of foot in ktbl, you will now start to move the 2 st twists over the instep sts on every rnd until they meet in the center of the instep sts.

*Rnd 1:* (instep sts only) P1, move the 2 sts of the twist one st to the left, working the st it passes over as ktbl. Move the 2 sts of the twist at the end of the instep sts one st to the right, working the st it passes over as ktbl. Cont to move these twists one st over on each rnd, always working the st it passes over as a ktbl. When they meet in the center of the instep sts, your instep sts will read on the needle as follows: p1, all ktbl until the center 4 sts that were the traveling twists, ktbl until one st from end, p1. From here on, all