Turn Heel

Row 1: Sl 1, k16, ssk, k1, turn.

Row 2: Sl 1, p5, p2tog, p1, turn.

Row 3: Sl 1, knit to within one st of the gap, ssk, k1, turn.

Row 4: Sl 1, purl to within one st of the gap, p2tog, p1, turn.

Repeat Rows 3 and 4 until all heel sts are worked. There are 18 heel sts.

Heel Gussets

Knit 18 heel sts, pick up and knit 15 chain sts along right side of heel flap. Work 30 instep sts, beginning with Round 1 of clock pattern. With an empty needle, pick up and knit 15 chain sts along left side of heel flap, knit 9 sts from heel needle. There are 24 sts on needles #1 and #4, 15 sts on needles #2 and #3.

Round 1: Work to 3 sts from end of needle #1, k2tog, k1. Work instep sts in established pattern. K1, ssk at beginning of needle #4, work to end.

Round 2: Work even in established pattern.

Repeat the last 2 rounds until there 15 sts on each needle. 60 sts total.

FOOT

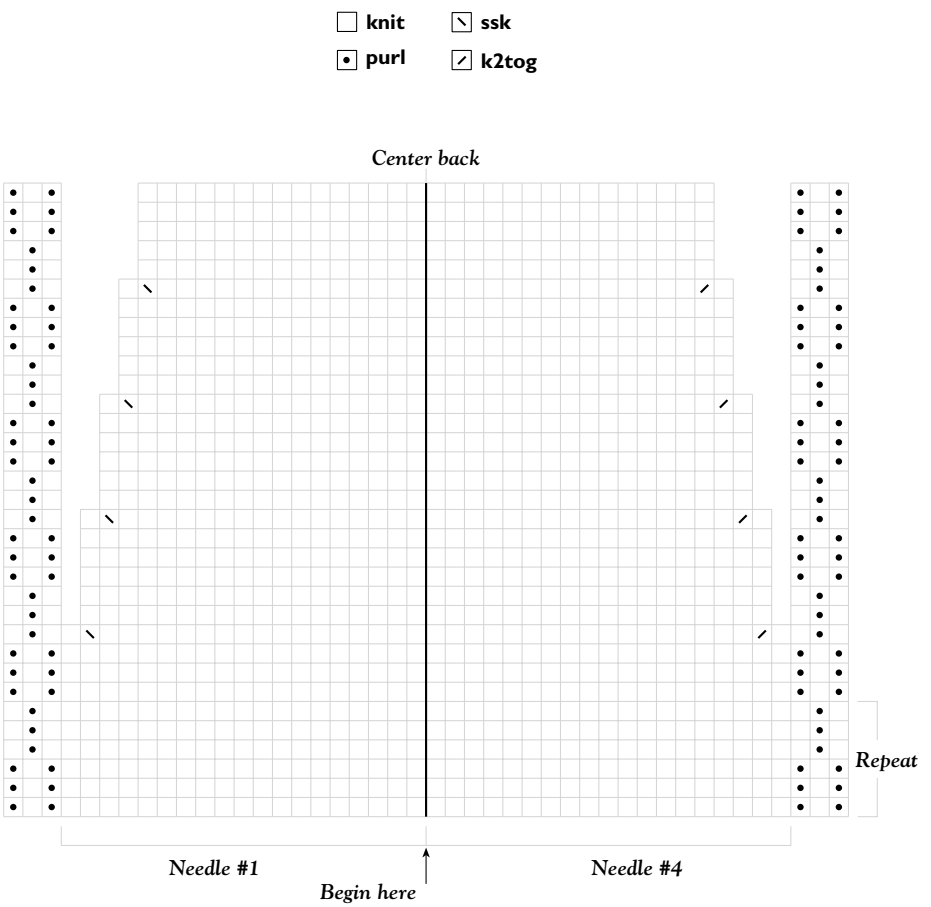
Continue even in established pattern until foot measures 2½ inches (6.5 cm) less than desired finished length and you have completed Round 6 of clock pattern. Continue in stockinette stitch for ½ inch (1.3 cm).

Shape Toe

Round 1: *Work to last 2 sts on needle, k2tog; repeat from *.

Round 2: Work even.

Repeat the last 2 rounds until there are 8 sts on each needle. Work 1 round even. Work Round 1 (the decrease round) only until there are 8 sts remaining, 2 sts on each needle. Break yarn, thread tail through remaining sts, pull snug, and fasten off.

FINISHING

Weave in all ends. Block under a damp towel or on sock blockers.