Row 7: P1, [k1b] 3 times, *p1, k1b, p1, [1/1LCP, 1/1RCP] 2 times, p1, k1b, p1, [k1b] 5 times; rep from *, end last rep [k1b] 3 times, p1.

Row 8: K1, [p1b] 3 times, *k1, p1b, k2, [1/1LC, k2] 2 times, p1b, k1, [p1b] 5 times; rep from *, end last rep [p1b] 3 times, k1.

Rows 9 and 13: P1, [k1b] 3 times, *p1, [1/1LCP, 1/1RCP] 3 times, p1, [k1b] 5 times; rep from *, end last rep [k1b] 3 times, p1.

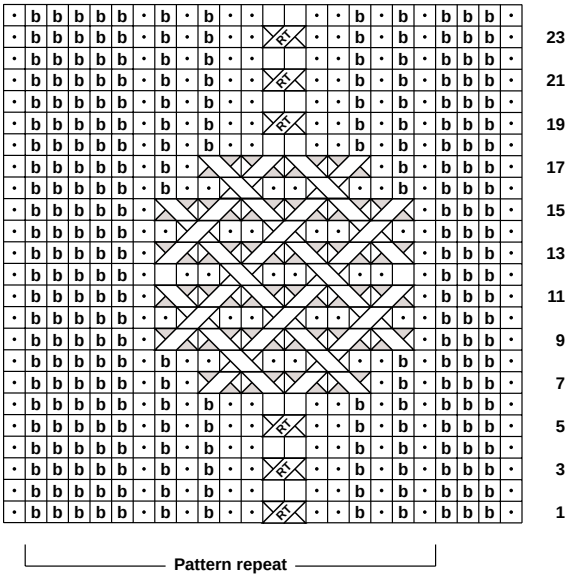
Rows 10 and 14: K1, [p1b] 3 times, *[k2, 1/1RC] 3 times, k2, [p1b] 5 times; rep from *, end last rep [p1b] 3 times, k1.

Rows 11 and 15: P1, [k1b] 3 times, *p1, [1/1RCP, 1/1LCP] 3 times, p1, [k1b] 5 times; rep from *, end last rep [k1b] 3 times, p1.

Row 12: K1, [p1b] 3 times, *k1, p1b, [k2, 1/1LC] 2 times, k2, p1b, k1, [p1b] 5 times; rep from *, end last rep [p1b] 3 times, k1.

Row 16: K1, [p1b] 3 times, *k1, p1b, [k2, 1/1LC] 2 times, k2, p1b, k1 [p1b] 5 times; rep from *, end last rep [p1b] 3 times, k1.

Row 17: P1, [k1b] 3 times, *p1, k1b, p1, [1/1RCP, 1/1LCP] 2 times, p1, k1b, p1, [k1b] 5 times; rep from *, end last rep [k1b] 3 times, p1.

Row 24: Rep Row 2.

BO in patt on Row 24 or rep Rows 7–24 for desired length.