

Working with Two Circular Needles

Cast the required number of sts onto one circular (cir) needle. Slide sts to opposite end of needle and slip half of the sts onto another cir needle (Needle 1). Slide rem sts on Needle 2 to the flexible cable portion of that needle. With sts still on rigid end of Needle 1, hold Needle 1 in front of Needle 2 in preparation for joining into a round. Join the ends, being careful not to twist sts.

*Take the opposite end of Needle 1, bring it around to the right, and knit the sts off the right side of Needle 1. (Needle 1 will form a circle as sts from the left side are worked onto the right side.) When all sts from Needle 1 have been worked, slide them to the flexible cable portion of the needle. Turn the knitting around and pick up Needle 2. Slide the sts from the flexible cable to the right

tip of Needle 2. Pick up the left side of the needle, bring it around and knit the sts from one side of Needle 2 to the other. (Needle 2 will form a circle as the sts are worked from one side to the other.) Slide the sts to the flexible cable portion of Needle 2 and turn the work, returning to Needle 1. Rep from *.

Leg

Using one cir needle and long-tail method (see Glossary, page 119), loosely CO 64 (72) sts. Place 32 (36) sts onto a second cir needle, and join for working in the rnd with two cir needles (see explanation above), being careful not to twist sts. Rnd begins at side of leg. Work k1, p1 rib for 9 rnds—piece measures about 1" (2.5 cm) from CO.

Setup rnd: * K8 (10), ssk, k5 (7), k2tog, k13, ssk; rep from * once more—6 sts dec'd, 29 (33) sts per needle.

Chevron Setup

Note: The Chevron Setup is worked back and forth in short-rows (see Glossary, page 123) on one cir needle at a time. Work all wraps tog with wrapped sts as you come to them.

Row 1: (RS) K13 (15), k1f&b, place marker (pm), k1f&b, k5, wrap next st, turn (w & t).

Row 2: (WS) P13, w & t.

Row 3: K5, k1f&b, slip marker (sl m), k1f&b, k7, w & t.

Row 4: P17, w & t.

Row 5: K7, k1f&b, sl m, k1f&b, k9, w & t.

Row 6: P21, w & t.

Row 7: K9, k1f&b, sl m, k1f&b, k12, w & t.

Row 8: P27, w & t.

Row 9: K12, k1f&b, sl m, k1f&b, k14, w & t.

Row 10: P31, w & t.

Both sizes:

Next row: K14 (17), k1f&b, sl m, k1f&b, knit to end—41 (45) sts on Needle 1.

Repeat Chevron Setup on Needle 2—82 (90) sts.

Use Needle 2 to knit to m on Needle 1 (21 (23) sts), remove m—beg of rnd is now beg of Needle 1. Place removable st marker into knitted fabric to mark beginning of rnd. Rnd begins at back of leg. With Needle 1, k19 (21), sl 2 sts tog as if to knit (sl 2), k1, pass 2 sl sts over knit st (p2sso), k19 (21); with Needle 2, k19 (21), sl 2, k1, p2sso, k18 (20), k1f&b—39 (43) sts on Needle 1 and 40 (44) sts on Needle 2.

Chevron

Note: Chevron is worked in the round.

Rnd 1: With Needle 1, k1f&b, k17 (19), sl 2, k1, p2sso, k17 (19), k1f&b; with Needle 2, k1f&b, k17 (19), sl 2, k1, p2sso, knit to end—39 (43) sts each on Needles 1 and 2.

Rnd 2: With Needle 1, knit to end; with Needle 2, knit to last st, k1f&b—1 st inc'd.

Rep Rnds 1–2 until leg measures 7½" (19 cm) or 1" (2.5 cm) less than desired length from long tip of chevron to base of foot.

Next rnd: Rep Rnd 1.

Next rnd: On Needle 1, knit to end; on Needle 2: k19 (21).

Heel

Heel Flap

Redistribute sts to work heel: Sl 19 (21) sts last worked from Needle 2 to st holder—20 (22) sts rem on Needle 2. Pm, sl first 20 (22) sts from Needle 1 to Needle 2—40 (44) sts on Needle 2. Place held sts on Needle 1. Heel is worked back and forth in rows on Needle 2 only.

Row 1: (RS) Knit to m, sl m, sl 1 purlwise (pwise) with yarn in back (wyb), k12 (14), w & t.

Row 2: (WS) P26 (30), w & t.

Row 3: Knit to m, sl m, sl 1 pwise wyb, k10 (12), w & t.

Row 4: P22 (26), w & t.

Rep Rows 3 and 4 three (four) more times, working 2 fewer sts after m on each RS row and 4 fewer sts on each WS row.

Turn Heel

Work all wraps tog with wrapped sts as you come to them.

Row 1: K5, remove m, k6, w & t.

Row 2: P12, w & t.

Row 3: K13, w & t.

Row 4: P14, w & t.

Row 5: K15, w & t.

Row 6: P16, w & t.

Cont in this manner, repeating Rows 5 and 6, working one more st on each row until the wraps are around the first and last st on the needle, ending with a WS row. With Needle 2, k30 (33), sl rem 9 (10) sts to Needle 1.

