

Heel

Sl sts from Needle 1 to Needle 3; then sl 16 (17) sts from Needle 2 to empty Needle 1—28 (34) heel (bottom-of-foot) sts are on Needle 3; 32 (34) instep (top-of-foot) sts are divided between Needles 1 and 2. On Needle 3, work the 28 (34) heel sts back and forth in short-rows in two parts as foll:

First Half

In the first half, one fewer st is worked every row so that the sts in the center of needle are worked for the greatest number of rows, creating the fabric pouch at the center of the heel.

Row 1: (RS) Knit to last st (do not work last st), turn work.

Row 2: (WS) Yo backward (i.e., bring yarn from back to front; see Glossary, page 121), purl to last st (do not work last st), turn. The yo will make a paired st with the first st knitted. (Working the yo backward creates a tighter st.)

Row 3: Yo as usual (i.e., bring yarn from front to back), knit to paired sts at end of needle (do not work paired sts), turn.

Row 4: Yo backward, purl to paired sts at end of needle (do not work paired sts), turn.

Rep Row 3 and 4 until 12 (14) single sts rem between paired sts (14 [16] sts between yarnovers), ending having worked to the paired sts at the end of a RS (knit) row. Do not turn the work.

Second Half

In the second half, one more st is worked every row so that the sts at the sides are gradually worked back in. With the RS still facing, continue with the last row of the first half as foll:

Row 1: (RS) K1 (the first st of the paired sts), correct the mount of the yo so that the leading edge of the yo is on the front of the needle, k2tog (the yo with the first st of the next pair), leaving a yo as the first st on the left needle. Turn.

Row 2: (WS) Yo backward, purl to first set of paired sts, purl

the first st of the pair, ssp (the yo with the first st of the next pair; see Glossary, page 120), leaving a yo as the first st on the left needle. Turn.

Row 3: Yo as usual, knit to the first paired st, knit the first st of the pair (the next 2 sts will be yarnovers), correct the mount of the 2 yarnovers, k3tog (the 2 yarnovers with the first st of the next pair), turn.

Row 4: Yo backward, purl to the first paired st, purl the first st of the pair (the next 2 sts will be yarnovers), sssp (the 2 yarnovers with the first st of the next pair; see Glossary, page 120), turn.

Rep Rows 3 and 4 until all the yarnovers of the first half have been worked, ending with Row 4. The last turn will bring the RS facing—there will be 1 yo at the end of the heel needle.

Rejoin for Working in Rounds

Size 6½" only

With RS facing, yo as usual, knit to the yo at the end of the heel sts, transfer this yo to the beginning of the instep sts and work it tog with the first instep st as k2tog, work to the last instep st in Wrapped Rib patt as established, work the last instep st tog with the yo at the beginning of the heel sts as ssk—60 sts.

Size 7¼" only

With RS facing, yo as usual, knit to the yo at the end of the heel sts, pick up the horizontal bar as for M1 between the heel and instep sts and knit it tog with the yo as k2tog, work to the last instep st in patt as established, pick up the horizontal bar between the instep and heel sts and knit it tog as ssk—70 sts.

Leg

To prevent a ladder of loose sts from forming along the front of the leg, rearrange the sts so that 30 (35) instep sts are on Needle 2, 15 (17) heel sts are on Needle 3, and 15 (18) heel sts are on Needle 1. Cont in patt as estab-