

Turn Heel

Work short-rows as foll:

Row 1: (RS) K8 (9, 10, 11, 12), ssk, k1, turn work.

Row 2: (WS) Sl 1 pwise, p5, p2tog, p1, turn.

Row 3: Sl 1 pwise, knit to 1 st before gap made on previous row, ssk (1 st from each side of gap; see Glossary, page 133), k1, turn.

Row 4: Sl 1 pwise, purl to 1 st before gap made on previous row, p2tog (1 st from each side of gap), p1, turn.

Repeat Rows 3 and 4 until all heel sts have been worked, ending with a WS row and ending the last repeat as ssk on Row 3 and p2tog on Row 4 if there are not enough sts to work the final k1 or p1 after the final dec (i.e., if you began the heel with 12, 16, or 20 sts)—8 (10, 10, 12, 12) sts rem.

Gusset

Note: One extra st is picked up along the selvedge in the corner of each heel flap to avoid leaving a hole at the base of the gusset. Rejoin for working in the rnd as foll:

Rnd 1: With one needle (Needle 1), knit across all heel sts and pick up and knit 7 (8, 9, 10, 11) sts along selvedge edge of heel flap; with another needle (Needle 2), work across 12 (14, 16, 18, 20) held instep sts; with another needle (Needle 3), pick up and knit 7 (8, 9, 10, 11) sts along other side of heel flap, then knit across the first 4 (5, 5, 6, 6) heel sts from Needle 1 again—34 (40, 44, 50, 54) sts total; 11 (13, 14, 16, 17) sts each on Needle 1 and Needle 3; 12 (14, 16, 18, 20) instep sts on Needle 2. Rnd now begins at center back heel.

Rnd 2: On Needle 1, knit to last 3 sts, k2tog, k1; on Needle 2, knit across all instep sts; on Needle 3, k1, ssk, knit to end—2 gusset sts dec'd.

Rnd 3: Knit.

Rep Rnds 2 and 3 until 24 (28, 32, 36, 40) sts rem—6 (7, 8, 9, 10) sts each on Needle 1 and Needle 3; 12 (14, 16, 18, 20) instep sts on Needle 2.

Foot

Work even until piece measures 5½ (6½, 7½, 8, 8¾)" (14 [16.5, 19, 20.5, 22] cm) from back of heel, or about 1½ (1¾, 2, 2¼, 2¼)" (3.8 [4.5, 5, 5.5, 5.5] cm) less than desired total foot length.

Toe

Rnd 1: On Needle 1, knit to last 3 sts, k2tog, k1; on Needle 2, k1, ssk, work to last 3 sts, k2tog, k1; on Needle 3, k1, ssk, knit to end—4 sts dec'd.

Rnd 2: Knit.

Rep Rnds 1 and 2 until 12 (16, 16, 20, 20) sts rem. Rep Rnd 1 *only* until 8 sts rem for all sizes. Knit sts from Needle 1 onto Needle 3—4 sts each on 2 needles.

Finishing

Cut yarn, leaving an 18" (45.5 cm) tail. Using the Kitchener st (see pages 42–45), graft sts tog. Weave in loose ends. Block.