

Folk Mittens

begin side seam thumb gore and work as charted for 30 rnds—33 thumb sts. Place thumb sts on yarn length. Rejoin and cont as charted or until piece measures to tip of little finger. Work decs as charted. Graft rem 16 sts with Kitchener st. **Thumb:** Place thumb sts on needles, pick up 3 sts, and join—36 sts. Work as charted or until piece measures to middle of thumbnail. Work 3-point dec as charted. Draw up rem sts.

Pakistan and Afghanistan

The neighboring countries of Afghanistan and Pakistan are arguably the home of the world's most ancient knitting traditions. Most of the region is mountainous, with tracts of arid desert. The oldest knitting in the world has been found preserved in the dry air and warm sands of these deserts.

The inhabitants of these two Asia Minor countries are primarily farmers and shepherds. In the vast, cold mountainous regions, elaborately patterned boot linings, gloves, and leggings featured patterns borrowed from ancient woven rugs.

In the desert, nomadic shepherds follow their flocks of goats and sheep on camelback in search of pastures and water. Knitted socks worn with sandals suit travel in hot sands. These socks are still knit today in patterns a thousand years old. Using the Eastern method of knitting in the direction of the heart, they are traditionally knit in tan and black with bright accents.

Mittens from Pakistan

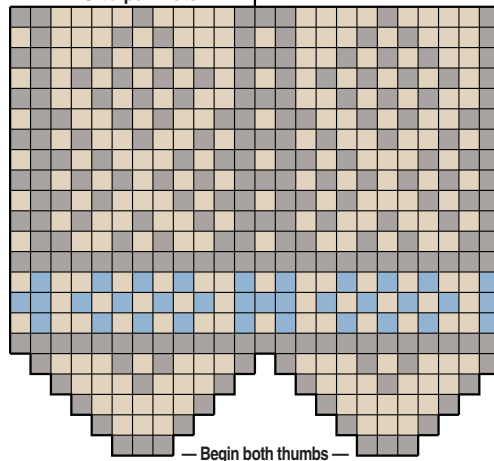
This design is more than 1,000 years old and was typically used in men's footwear.

Finished Size: 8 ½" (21.5 cm) around by 7 ¼" (18.5 cm) long, excluding cuff.

Mittens from Pakistan

Thumb

BO to palm sts



Mittens from Pakistan

