

## Turn Heel

Work short-rows to shape heel as foll:

**Row 1:** (RS) K16, ssk, k1, turn.

**Row 2:** (WS) Sl 1 pwise wyf, p5, p2tog, p1, turn.

**Row 3:** Sl 1 pwise wyb, knit to 1 st before gap formed on previous row, ssk (1 st each side of gap), k1, turn.

**Row 4:** Sl 1 pwise wyf, purl to 1 st before gap formed on previous row, p2tog (1 st each side of gap), p1, turn.

Rep Rows 3 and 4 until all heel sts have been worked, ending with a WS row—16 heel sts rem. On next row, k8. (Break off reinforcing thread, if it was used.)

## Shape Gussets

Pick up sts along selvedge edges of heel flap and rejoin for working in the rnd as foll:

**Rnd 1:** With Needle 1, k8 rem heel sts, pick up and knit 14 sts along left edge of heel flap; with Needle 2, pick up and knit 1 st at base of heel flap, k28 instep sts, pick up and knit 1 st at base of other side of heel flap (these 2 extra sts will be dec'd on the next rnd; they help close up the hole that appears at the corner of instep and heel flap); with Needle 3, pick up and knit 14 sts along right edge of heel flap, k8 heel sts—74 sts total; 22 sts each on Needle 1 and Needle 3; 30 sts on Needle 2. Rnd begins at center of heel.

**Rnd 2:** On Needle 1, knit to last 3 sts, k2tog, k1; on Needle 2, k2tog, knit to last 2 sts, ssk; on Needle 3, k1, ssk, knit to end—4 sts dec'd.

**Rnd 3:** Knit.

**Rnd 4:** On Needle 1, knit to last 3 sts, k2tog, k1; on Needle 2, knit; on Needle 3, k1, ssk, knit to end—2 sts dec'd. Rep Rnds 3 and 4 until 56 sts rem.

## Foot

Cont even in St st until foot measures about 3½" (9 cm) less than desired total length from heel to toe.

## Toe

Join reinforcing thread if desired.

**Rnd 1:** \*K6, k2tog; rep from \*—49 sts rem.

**Rnds 2–7:** Knit.

**Rnd 8:** \*K5, k2tog; rep from \*—42 sts rem.

**Rnds 9–13:** Knit.

**Rnd 14:** \*K4, k2tog; rep from \*—35 sts rem.

**Rnds 15–18:** Knit.

Cont in this manner, working 1 fewer st bet each dec and knitting 1 fewer rnd bet dec rnds until 14 sts rem, ending with knit 1 rnd.  
*Next rnd:* \*k2tog; rep from \*—7 sts rem.

## Finishing

Break yarn, leaving 8" (20.5 cm) tail. Thread tail on tapestry needle, draw through rem sts, pull snug to tighten, and fasten off. Weave in loose ends. Block lightly.