



Contact: Jaime Guthals  
(502) 243-6834  
[JaimeG@interweave.com](mailto:JaimeG@interweave.com)

Publication: September 2007

## ***The Twisted Sisters Knit Sweaters: A Knit-to-Fit Workshop*** Lynne Vogel

Praise for the *Twisted Sisters Sock Workbook*: “[A] brilliant gem of a book. Among the women who make up the Twisted Sisters, there is no ego, just a common love of color, shape, and fiber. . . . It still embodies the ultimate spirit of our knitterly community.”

—Clara Parkes, *Knitter's Review*

**THE TWISTED SISTERS KNIT SWEATERS: A KNIT-TO-FIT WORKSHOP** could easily be entitled *Anatomy of a Sweater*. Yearning to use handspun yarn in commercial knitting patterns? Need to resize a sweater pattern because it doesn't fit? Say hello to **THE TWISTED SISTERS KNIT SWEATERS** (Interweave Press, September 2007, \$24.95), a step-by-step workshop that teaches any knitter to easily adapt sweater patterns to her own measurements and chosen yarn.

The Twisted Sisters, a group of women who delight in dyeing, spinning, knitting, and crocheting, illustrate how to adapt the same basic sweater pattern to many different styles, and introduce the elements of sweater design through increasingly challenging projects. These 10 projects, from sweaters, coats, and vests to pullovers and jackets, give knitters the confidence to alter commercially available patterns to their needs, even when they aren't offered in their size.

Author Lynne Vogel introduces in Chapter 2 the Sisters' Knitter Fitter System, which allows knitters to make a sweater that will fit anyone from a toddler to a sumo wrestler in the yarn of choice. Use the Fitter List to record all the important measurements and their conversions to the number of stitches and/or rows for the knitter's gauge. Then use the Sweater Map to visualize where each of these measurements goes and how the individual pieces of the sweater fit together.

Couldn't knitters do the same thing using sweater software programs? “Sometimes yes,” says Vogel, “but there's no substitute for getting your hands in your work. The ability to manipulate your ideas with yarn and needles or with a pencil, paper, and eraser can trigger a type of creativity lost to the keyboard and mouse. Think of the Knitter Fitter as a safety rope for knitters ready to look over the edge into uncharted realms.”

The Knitter Fitter System is infinitely variable, and knitters will also learn to construct sweaters from the bottom up (or top down), or from side to side, or combine directions. Then they'll learn to change patterns to make them their own by altering yarns, proportions, neckline styles, sleeve length, collars and edgings, and much more. Along the way, the Twisted Sisters examples of altered pattern projects will serve as inspiration!

This reference is especially supportive of knitters wanting to use artisan handpainted and handspun yarns and will help them learn to alter color and stitch patterns to work with the yarn's unique colorways and characteristics.

Full of schematics, illustrations, and beautiful photography, this book will change the way anyone looks at knitting sweaters.

And who are the Twisted Sisters? Sandy Sitzman, Twisted Mom and "Millennium Queen Enabler of Prospective and Realized Fiber Enthusiasts," began collecting members of the Portland, Oregon-based spinning group in the late 1980s. The group made yearly pilgrimages to the Black Sheep Gathering in Eugene, Oregon, to spin, knit, and "laugh their fool heads off," says Vogel. Once a day trip for some, it became a weekend-long event and expanded to a biyearly beach retreat and a holiday party. In 20 years the small, tightly knit group has grown to include a few friends from other states, including Alabama, California, Washington, and Tennessee, and one nomad who refuses to stay put.

**THE TWISTED SISTERS KNIT SWEATERS:  
A KNIT-TO-FIT WORKSHOP  
by Lynne Vogel**

Interweave Press • September 2007 • \$24.95  
Paperbound • 8½ x 9 • 144 pages  
100 photographs, 50 illustrations, 30 charts  
ISBN 978-1-931499-69-9

Distributed to the book trade by Independent Publishers Group

**About the author:** **Lynne Vogel** is a dyer, spinner, knitter, crocheter, weaver, and avid hiker of the woodland trails around Sewanee, Tennessee, where she lives with her husband, James, and dog, Monk. A member of the Twisted Sisters, Lynne teaches workshops nationwide and in 2007, she started a line of limited edition handdyed and handspun yarns, Lynne Vogel \* Limited, available in unique one-of-a-kind colorways at La Petite Knitterie in Ladera Ranch, California, and Harrisville Designs in Harrisville, New Hampshire. Lynne also is the author of [Twisted Sisters Sock Workbook](#) (Interweave Press, 2001), and she has contributed to *Threads* and *Spin-Off* magazines. She blogs at: <http://handspuncentral.blogspot.com/>

**About Interweave Press LLC:**

Interweave Press, a unit of Aspire Media, is one of the nation's leading craft media companies with businesses in magazine and book publishing, interactive media, broadcast programming, and events for craft enthusiasts. The Interweave Press Publishing Group features 14 subscription magazines and many more special interest publications. Interweave Press has more than 200 books in print and annually publishes about 30 best-selling, how-to craft books on the same subjects as the company's magazines. Additionally, Interweave Press operates eight annual craft enthusiast events and has an extensive Internet presence that includes nearly 30 websites. Linda Ligon founded the company in the 1970s when she began publishing *Handwoven* and *Spin-Off* magazines. Since then, the company has grown to employ more than 100 people throughout the country, with corporate headquarters located in Loveland, Colo. For more information on Interweave Press, please visit [www.interweave.com](http://www.interweave.com) or call (970) 669-7672.